

# atEase

FEBRUARY 2015 | 48TH FORCE SUPPORT SQUADRON | RAF LAKENHEATH, UK



## VALENTINE'S SHOP

The Page CAC has everything you need from balloons to chocolates!

## FREE COMEDY SHOW

AFE presents the *Four Day Weekend* comedy tour at the Liberty Club!

## ROMANTIC DINNER

Come out for an amazing meal, a glass of wine & delicious desserts!

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FOR MORE INFORMATION & A LISTING OF CLASSES PLEASE SEE PAGE 19 OR CONTACT THE AIRMAN AND FAMILY READINESS CENTER AT 01638.523.847 OR VISIT [WWW.LAKENHEATHFSS.COM/AFRC](http://WWW.LAKENHEATHFSS.COM/AFRC)



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SAVER  
PLEDGE**

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# FEBRUARY 2015



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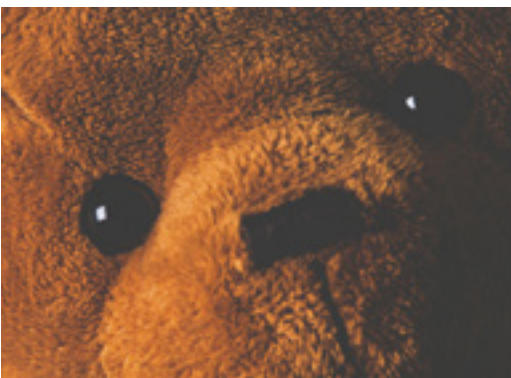
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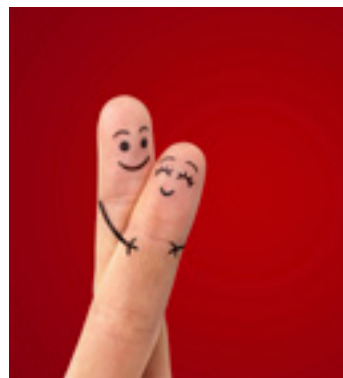
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# DEPARTMENTS

## COMMAND

48 FW Commander: Col Robert Novotny  
48 MSG Commander: Col Marc Vandever  
48 FSS Commander: Lt Col Ryan Richardson  
48 FSS Deputy: Eddie Adelman

## BUSINESS

Lead Marketing Assistant: Tobi Applin  
Commercial Sponsorship Coordinator: Julie Cloy  
Marketing Clerk: Rhonda Nuñez


## DESIGN & PRINT

Visual Information Specialist: Alicia Meiers  
Visual Information Specialist: Kyla Strenge

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Information in this magazine is current at the time of publication. All facility programs, event hours, prices, and dates are subject to change without notice. Contact each facility for the most up-to-date information.

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Mail: 48 FSS/FSK, Unit 5187, APO, AE, 09461-5187

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Reach 10,000 active duty and civilian members of the RAF Lakenheath community by advertising in our magazine, travel guide, Qubica screens or on our website!

Call 01638 521709, email [48fss.fsk@us.af.mil](mailto:48fss.fsk@us.af.mil) or visit [lakenheathfss.com](http://lakenheathfss.com) for more information!

## SPONSORSHIP

Expose your business to over 11,000 potential customers at RAF Lakenheath by sponsoring an event or advertising on any of our media outlets such as the atEase magazine, 52° North travel guide, Qubica screens, or on our website!

### SPONSORSHIP OPPORTUNITIES

Event sponsorship gives you face time with and access to the RAF Lakenheath community. Build goodwill and brand recognition at our events!

### ADVERTISING OPPORTUNITIES

Place your ad in our monthly publication. Over 3,000 atEase magazines are printed each month and are available for free at roughly 20 strategic locations around base.

### CONTACT

48th Force Support Squadron Marketing & Publicity  
Commercial: 01638-521709  
DSN: 226-1709  
Email: [48fss.fsk@us.af.mil](mailto:48fss.fsk@us.af.mil)



# 48 FSS EMPLOYEE SPOTLIGHT

## STEPHANIE SANDERS



### Occupation:

Guest Services Representative & Reservationist at Liberty Lodge for 1 year.

### Hometown:

Richmond, Virginia

### Hobbies:

Traveling, Scrapbooking, Hiking

### What accomplishment during your FSS career are you most proud of?

I definitely have to say arranging and providing rooms for the last 90 Marines we had come through trying to make it home from a recent deployment was my most rewarding accomplishment. Meeting and working with them was a pleasure, and I was happy to help them return to their families safely before the holidays.

### What are your personal and/or professional goals?

While living overseas, I hope to embrace the opportunities of travelling and experiencing different cultures while residing in the UK. My main goal is to further my education and constantly learn and improve in every aspect of my job and my personal life.

### What is your favorite part of your job?

I always enjoy meeting and working with all types of people. Just knowing that I can support all these military members, government civilians, and their families and hopefully make their PCS/TDY transitions a little easier is very rewarding.

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# DINING & ENTERTAINMENT

## LIBERTY CLUB

226-1611 • Bldg 648

### EVENTS

#### Latin Night

Saturday, February 7 • 9pm-2am  
Learn the hottest dance steps from 9-10pm, then our DJ will spin the hottest tracks to spice up the night!

#### Late Nighter

Friday, February 13 • 9pm-3am  
Members FREE; Non-members \$5  
We will have DJ Grizzly spinning all your favorite tunes. The Liberty Club is the place to be on a Friday night!

#### Country Nights

Saturdays, February 14 & 28 • 10pm-2am  
If you feel like a little bit of country excitement, head to the ballroom and enjoy music from DJ Farva.

#### Mardi Gras

Friday, February 20 • 9pm-2am • 18+  
Members FREE; Non-members \$5  
Celebrate Mardi Gras with party favors and DJ entertainment for your listening pleasure.

### WEEKLY ENTERTAINMENT (ADULTS ONLY)

**Texas Hold 'Em:** Tuesdays, 7pm

**Quiz Night:** Wednesdays, 7:30pm

**Wing Night:** Thursdays, 9pm

**Progressive Members Drawing:** Fridays, 9pm

**Urban Night:** Fridays, 10:30pm

**Crazy Karaoke:** Saturdays, 9pm

### CLUB MEMBERSHIP PAYS!

#### Crazy Cash Giveaway! (Members Only)

Every Friday & Saturday • Midnight  
We have already given away more than \$29,000! Just be there and be a member and you could win big!

## EAGLES' LANDING

226-2535 • Bldg 958

#### First Fridays

Friday, February 6 • 5-10pm • Eagles' Pub  
Join us for a night of entertainment, karaoke, progressive drawing, trivia and more!

### SUPER BOWL XLIX PARTY

Sunday, February 1 • 9pm  
Members FREE; Non-members \$5  
Cheer on your favorite team for the biggest game of the year! Tailgating starts at 9pm with a buffet and drink specials; the game will begin at 11:30pm. All the action will be on 2 GIANT screens and 3 big screen TVs. Breakfast served during halftime. Prizes awarded throughout the night. Beverage service will stop at 3am.



### FIRST FRIDAYS

Friday, February 6 • 9pm-2am  
Members FREE; Non-members \$5  
DJ Adam Baum will be in the house spinning all your favorite tunes.



### DINNER FOR LOVERS

Saturday, February 14 • 5-9pm  
Individual \$30; Couple \$50  
Join us for a 3 course dinner with a complimentary rose and glass of wine. Salad Maison, choice of entrée (mozzarella & pesto stuffed chicken wrapped in Parma ham, sirloin steak with brandy peppercorn sauce, Dijon crusted salmon filet wrapped in Filo pastry or creamy mushroom & spinach risotto), choice of dessert (chocolate fudge lumpy bumpy or caramelized orange cheesecake). Children's menu and pricing available upon request. Reservations are highly encouraged.





## THE GREAT LITTLE PIZZA PLACE

226-2181 • Bldg 670

### SPECIALS

#### Pizza of the Month

Come out and enjoy a piping hot, fresh out of the oven pizza! This month enjoy the "Winter Warmer" spiced with hot picante sauce, hot Italian sausage, sliced jalapeños, topped with cheddar and mozzarella cheese.  
Sm: \$9.95 Md: \$12.95 Lg: \$16.95

\*Delivery is available to on-base locations, including the Liberty Village & Lords Walk housing areas! Delivery fee applicable. See page 29 for more details.

#### Pizza Meal Deal

Monday-Friday • 11am-2pm  
Get two jumbo slices of pizza with a drink! Members: \$4.50, Non-members: \$5.50.

#### Thursday Family Entertainment Feast or ½ Feast

See page 16 for more information.

## PINKERTON'S STEAK HOUSE

226-1611 • Bldg 648

### LUNCH BUFFET

Monday-Friday • 11am-1:30pm  
Members \$8.75, Non-members \$10.75

Monday: All-American  
Tuesday: Tex-Mex  
Wednesday: Italian  
Thursday: Southern  
Friday: Bistro

### DINNER

Tuesday-Thursday: 5-8pm  
Friday-Saturday: 5-9pm

#### 2-4-1 Prime Rib Night

Members Only Special  
Tuesdays • \$21.95

## rugbie's A MODERN BISTRO



### SUNDAY ROAST

Sundays • Noon-3pm • Adult \$9.50; Child \$7.50; Vegetarian \$6.50  
Join us for a four roast carvery! Choose which meats you would like or a mixture of all 4! All meats come with your choice of sides, Yorkshire Pudding and gravy. Finish off your delicious with our fresh fruit cobbler.

Can't make it for the carvery? Join us at 3pm and enjoy our open faced sandwiches topped with our delicious slow roasted meats. Sandwiches come with your choice of side for just \$8.50.

### PROUDLY BREWING Starbucks® Coffee & Teas







## KNIGHT'S TABLE

226-3214 • Bldg 934

Airmen can enjoy a variety of special meals throughout the month!

### Specialty Meals

February 4 • Italian  
February 6 • Mongolian BBQ  
February 11 • Asian  
February 18 • Hispanic  
February 19 • Carvery  
February 25 • Southern  
11am-1pm

### Sandwich Bar

Monday-Friday  
11am-1pm & 4-6:30pm

### Specialty Bar

February 3 • Pasta Bar  
February 10 • Taco Bar  
February 17 • Wing Bar  
February 24 • Potato Bar  
11am-1pm

## LIBERTY LANES' GRILL 48

226-2108 • Bldg 657

### Specials

Lunch-n-Bowl\*

Monday-Friday • 11am-1pm

Buy a combo meal and bowl for FREE! Must be in military uniform.

\*Please make a reservation for groups of 5 or more.

## THE AFTERBURN AT THE FITNESS CENTER

07706 645 825 • Bldg 904

Satisfy your hunger with something guilt-free! Grab a made-to-order panini, fresh salad, delicious omelet or a smoothie!



## THE GRILL AT BRECKLAND PINES GOLF COURSE

226-3551 • Bldg 1320

### Specials

Filipino Fridays • 11am-1:30pm

Enjoy classic dishes such as chicken adobo, spicy beef, and lumpia!



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[www.balmforthusaf.co.uk](http://www.balmforthusaf.co.uk) (area guide and information)



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# SPORTS & FITNESS

## BRECKLAND PINES GOLF COURSE

226-2223 • Bldg 1320

### SPECIALS

**AGF holders:** Bring out a guest and get a FREE cart rental! **Non-AGF holders:** Bring your receipt for a FREE combo upgrade in the Grill!

### ONGOING OFFERS

#### Annual Green Fee (AGF) Renewal

Don't forget to renew your AGF membership at the course this month to start saving! As an AGF member, you'll enjoy discounted green fees for a period of 12 months. See the pro shop for details or to sign up.

#### Big 15 Golf

E1-E4 \$20; All other ranks \$25

Experience the next generation of golf! Forget 3 putts, burning the edges & the dress code! Welcome the chip-ins, pars & birdies. Forward tees + huge 15" cups = bigger fun!

#### Individual Lessons

Does your game need some improving? Take a lesson from our instructor and professional golfer Lawrence Dodd! \$40/30min, \$70/hr

#### Pot o' Gold Challenge

Make your ace pay off! A 50¢ buy-in for each round of golf gives you the chance to win the unlimited accumulating pot. First ace wins the pot! Buy in before your round.

## FITNESS & SPORTS CENTER

226-3607 • Bldg 904

### EVENTS

#### AFAA Certification Written Re-Test

Sunday, March 1 • 12:30pm • \$75

To register for the re-test or for more information about AFAA certification, please contact the Fitness Center at 226-6244 by Saturday, February 14.

### SERVICES & INDIVIDUAL LESSONS

Personal Trainer: \$35/30min, \$50/hr, \$80/90min  
Massage & Holistic Therapy: starting at \$39  
Tennis Lessons: \$35/30 min, \$50/hr,  
shared sessions available for a discount







## LIBERTY LANES BOWLING CENTER

226-2108 • Bldg 657

### BIRTHDAY PARTIES!

Saturdays

1-3pm/3:30-5:30pm/6-8pm

Sundays

1:30-3:30pm/4-6pm

Stop by, give us a call or visit our website for more information about our available birthday party package options.

### ONGOING EVENTS

#### Monday Madness

Mondays • 4-8pm

Bowl as much as you want for just \$5! \$2 shoe rental.

#### Roll the Price

Tuesdays • 11am-4pm

Roll the dice to get your price! Prices range from \$1 to \$2.25.

#### Wicked Wednesdays

Wednesdays • 11am-4pm

2-4-1 games! \$2 shoe rental.

#### Beat the Clock

Thursdays • 11am-8pm

Pay less by bowling earlier!

\$1.25/game: 11am-2pm

\$1.50/game: 2-4pm

\$1.75/game: 4-6pm

\$2/game: 6-8pm

#### Friday Family Fun

Fridays • 5-7pm or 6-8pm

\$40/family of 4 includes 2 hours of bowling, combo meals and shoes!

#### Cosmic Bowling

Fridays & Saturdays

8:30pm-Midnight

\$10/person, shoes included.

#### Penny Pincher Bowling

Save money with a pre-paid game card! Purchase in bundles of 10, 20 or 30 games. Visit or call for price list.

### EVENTS

#### Cosmic Bowling with DJ ANT

Saturdays, February 7 & 21

Fridays, February 13 & 27

8:30pm-Midnight • \$10/person

Bowl the night away while listening to chart-topping music. Rental shoes included.

#### President's Day Bowling

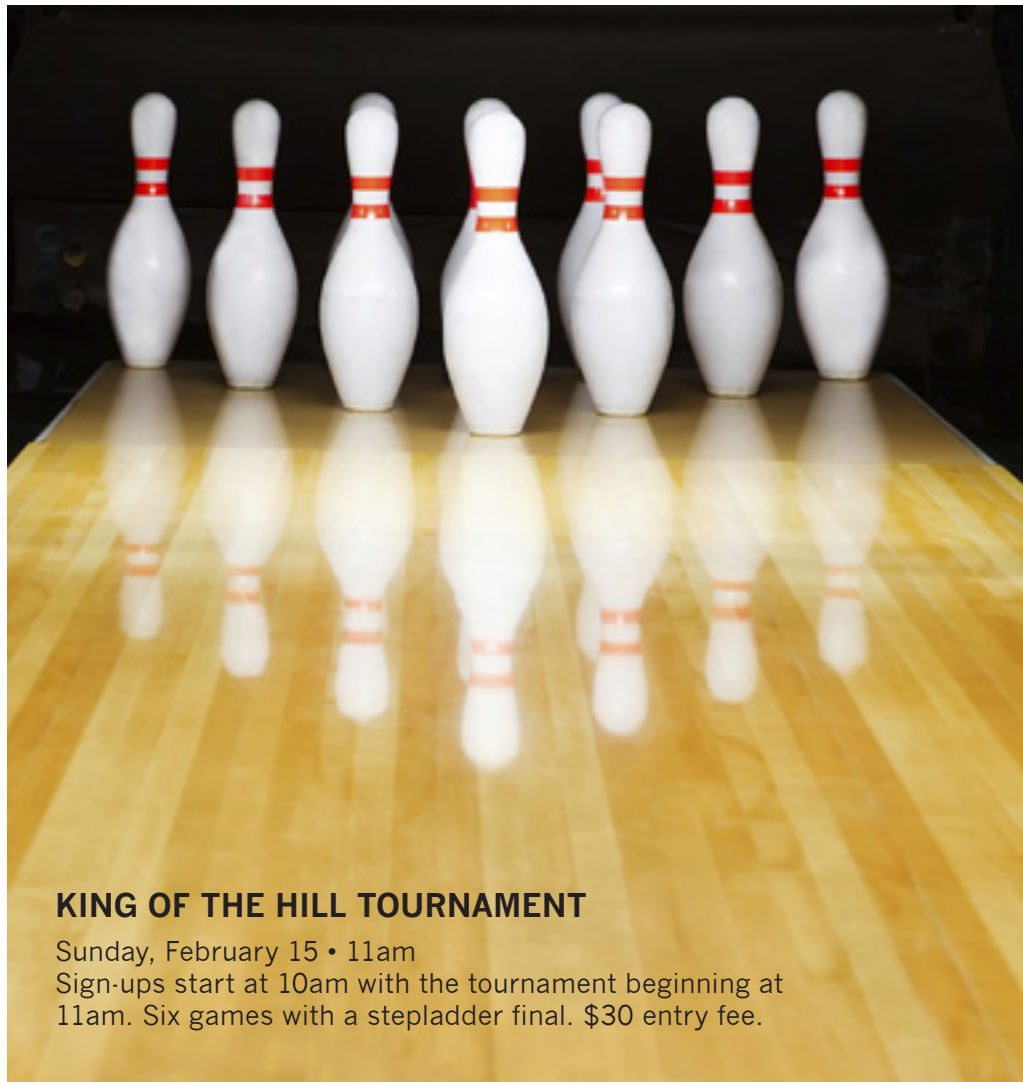
Monday, February 16 • 11am-8pm

Wear red, white & blue and bowl for just \$1.50 per game and \$1.50 shoe rental.

#### Birthday Bowling

Tuesday, February 24 • 11am-10pm

If your birthday is in February come bowl for FREE during opening hours. DoD ID card required. Rental shoes included.



### KING OF THE HILL TOURNAMENT

Sunday, February 15 • 11am

Sign-ups start at 10am with the tournament beginning at 11am. Six games with a stepladder final. \$30 entry fee.



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# YOUTH

## YOUTH CENTER

226-3180/5452 • Bldg 250

### EVENTS

#### Give Parents a Break

Saturday, February 7 • Noon-5pm

Parents can enjoy an afternoon out while your kids, ages 5-12, play safely at the Youth Center. Must have a referral certificate and completed AF 1181. Sign up by Wednesday, February 4.

#### Kid's Night Out

Friday, February 13 • 6:30-10:30pm

Members \$15; Non-members \$20

Come and join us for an evening of fun! Games, art activities and dinner provided. Open to ages 6-12. Sign up by Wednesday, February 11.

#### SAP Parent Activity

Thursday, February 26 • 4:30-5:30pm

Come and join your school age child in a FREE, fun filled interactive winter themed art activity. Bring the whole family.

### ONGOING EVENTS

#### Keystone Club

Thursdays • 6-7pm • Ages 14-18

Keystone Club is a Boys and Girls Club of America program to help teens develop character, leadership skills, explore careers and provide service to the Club & the local community.

#### Torch Club

Fridays • 4-5pm • Ages 11-13

The Torch Club focuses on developing character and leadership skills, building positive traits and personal skills, while promoting tolerance, diversity and inclusion. You can make a difference!

### PROGRAMS

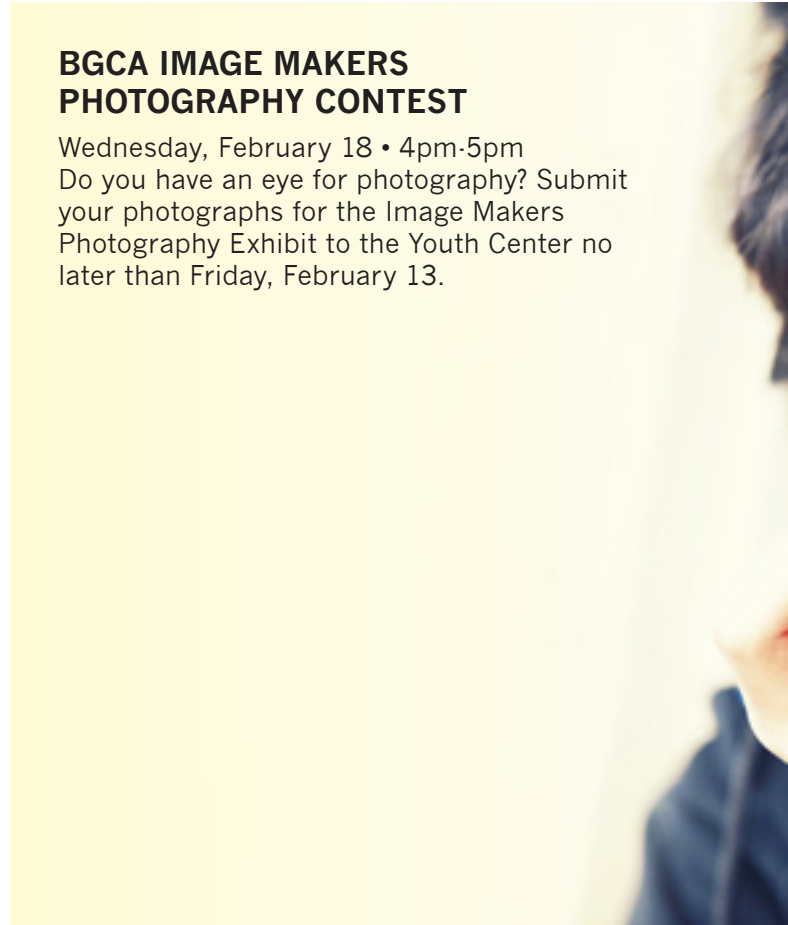
#### Boys & Girls Club of America

Every day is something new and exciting! Boys and girls are welcome to join any of our clubs sponsored by the Boys and Girls Club of America.

## BGCA IMAGE MAKERS PHOTOGRAPHY CONTEST

Wednesday, February 18 • 4pm-5pm

Do you have an eye for photography? Submit your photographs for the Image Makers Photography Exhibit to the Youth Center no later than Friday, February 13.







## YOUTH SPORTS

226-3180 • Bldg 250

### EVENTS

#### Outdoor Soccer Registration

February 2-27 • Ages 5-18

Registration forms are available at the Youth Center. A current sports physical, in hand, is mandatory when registering your child(ren). The season runs March 16 – May 29.

#### Outdoor Soccer Coaches Needed

Make a difference in the life of a child and volunteer to be a soccer coach! Volunteer forms are available for pick up at the Youth Center. Background checks and coaches training are required. The National Alliance for Youth Sports (NAYS) Coach's Certification will be held at the Youth Center on Tuesday, March 3 for FREE. The season runs March 16 – May 29.

## CDC EAST

226-3285 • Bldg 659

### EVENTS

#### Parent's Night Out

Friday, February 13 • 6:30-10:30pm • \$20

Parents can have a great night out while their children are entertained at the CDC! Must provide proof of current vaccinations. Please sign up by Wednesday, February 11. Open to ages 6 weeks - 5 years.

## CDC WEST

226-5812 • Bldg 439

#### Give Parents a Break

Saturday, February 7 • Noon-5pm

Parents can enjoy an afternoon out while your kids, ages 6 weeks - 5 years (not in school), play safely at the CDC. Must have a referral certificate and completed AF 1181. Sign up by Wednesday, February 4.

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# Lynford Hall Hotel



• Dining • Weddings • Conferences • Special Events

Try our delicious Sunday Carvery  
from £10 per person

### Blues Bros Tribute Night

Friday, 29 August 2014  
5 piece band & hot buffet  
£22.50 per head

### Christmas Party Nights

Thursday, 4 December 2014  
Friday, 12 December 2014  
Traditional US Christmas dinner,  
novelties & disco. £29.95 per head

Lynford Hall Hotel, Mundford IP26 5HW

For more details contact our events team...

Call: 01842 878351 E-mail: [rose@lynfordhallhotel.co.uk](mailto:rose@lynfordhallhotel.co.uk)

[www.lynfordhallhotel.co.uk](http://www.lynfordhallhotel.co.uk)

PS4



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# LIFE & LEISURE



## ELECTRIC AVENUE

226-2067 • Bldg 670

### SERVICES

#### Music Shop

We have a wide selection of instruments, music supplies, instructional books and much more! Our vendor is on site every Wednesday for any special assistance you may need.

#### Sales & Rentals

Rent or purchase your favorite movies, tv series or video games! We also have a wide selection of t-shirts, bags, candy, popcorn, and other goodies available for purchase. We even have a variety of mobile phones!

#### Passport & Visa Photos

We can provide your passport and visa photos for only \$8 each! Available Mon-Sat 11am-8pm and Sun 1-4pm.

#### Disc Cleaning

Is your favorite movie, game or CD scratched and skipping? Bring it in and we'll clean it up for you for only \$2!

#### Special Orders

Can't find what you're looking for? We'll happily order it for you at no extra charge!

#### Video Drop Box

A video drop box is available in the parking lot during closed hours. Remember, dropping your movies off after 10pm may result in late fees.

### ONGOING OFFERS

#### Thursday Family Entertainment Feast Just \$35 • 3-8PM

- 2-LG 1-topping pizzas\*
- Your choice of 1 candy
- 1 box of nachos
- 2 liter bottle of soda
- 1 bucket of popcorn
- 2 movie rentals

#### Thursday Family Entertainment 1/2 Feast Just \$25 • 3-8PM

- 2-MD 1-topping pizzas\*
- 1 bucket of popcorn  
OR 1 box of nachos
- 2 liter bottle of soda
- 2 movie rentals

\*Call ahead pizza orders welcome, delivery not available.

### DAILY SPECIALS

Don't forget to pick up a punch card to start saving towards your next purchase!

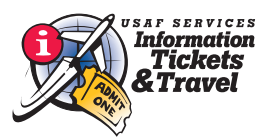
- Monday: \$2 Rental
- Tuesday: New Releases
- Wednesday: 3 for \$3
- Thursday: 2-4-1
- Friday & Saturday:  
Three-Night Rental
- Sunday: Dollar Day

### NEW RELEASES

- Dracula Untold*: February 3
- Nightcrawler*: February 10
- Alexander and the Terrible, Horrible, NO GOOD, VERY BAD DAY*: February 10
- Kill the Messenger*: February 10
- Dumb and Dumber To*: February 17
- Big Hero 6*: February 24







## LIBERTY LIBRARY

226-3713 • Bldg 907



### EVENTS

#### Knit & Knosh!

Tuesday, February 3 • Noon-1pm

Bring your lunch and those unfinished knitting projects. Our resident yarn expert will answer all your knitting questions and help resolve your knitting problems.

#### Read to a P.E.T. (Pets Enriching Troops)

Tuesday, February 3 • 4:30-5:30pm • FREE

Come in and read for a while to a wonderful four-legged listener. It will lower your blood pressure! Join us on the first Tuesday of every month.

#### Spinning and Fiber Crafts

Mondays, February 9 & 23 • 10:30am

Come and learn traditional hand crafts! If you love spinning, knitting, or crocheting this is the program for you! Join us every second and fourth Monday of the month.

#### My Heart is Like a Zoo: Writing Workshop

February 11 & 25, March 11 • 5:15-7:15pm

Join us for a fun trio of FREE creative writing workshops. Explore poetry, plot, character and dialogue. Open to ages 18+. Sign up early to reserve your space.

#### AF Philosophical Society

Friday, February 20 • 3:30-6pm

Come and learn, discuss, and opine on the various philosophies of history and our current world. Join us the third Friday of every month.

### ONGOING OFFERS

#### Computer/Notebook Checkout

Need internet while you're on the go? Check out a Toshiba Notebook from the Library for FREE! Checkout is limited to USAFE Library account holders.

#### Graphic Novel Collection

Check out the new collection of graphic novels available for checkout!

#### Role Playing Game Books

Stop by and browse through our assortment of role playing game books like *Dungeons & Dragons*, *Pathfinder*, and *Savage Worlds* available for checkout!

#### Universal Class

This FREE program offers continuing education courses! See librarian for listings & availability.

OUTDOOR RECREATION

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THE DEPARTMENT OF DEFENSE'S ARMED FORCES ENTERTAINMENT PRESENTS

## FOUR DAY WEEKEND

18+



THURSDAY, FEBRUARY 26 • LIBERTY CLUB

DOORS OPEN 6PM • SHOW STARTS 7PM • FREE

ARMEDFORCSENTERTAINMENT.COM



ARMED  
FORCES  
ENTERTAINMENT



# AIRMAN & FAMILY READINESS CENTER

226-3847 • Bldg 950

## EVENTS

### Bundles for Babies

Friday, February 13 • 9am-Noon

Expectant parents can learn about all things baby in this FREE workshop. Receive a bundle of baby items valued at over \$75 at the end of the class!

Call A&FRC to reserve your spot today.

### Deployed Family Dinner

Wednesday, February 18 • 5-7pm • Base Chapel

Come out and enjoy a great dinner with other deployed family members and learn a little about what's going on and what services are available.

There will be games and activities for the children.

Call the A&FRC to sign up.

### Four Lenses for Couples: Hues and Happiness

Monday, February 23 • 5-7:30pm

Couples will be introduced to the Four Lenses and identify their individual lens. Learn how this can enhance your self-awareness & relationships. Call the A&FRC to register.

## CLASSES

### Lunch & Learn: Building Financial Freedom

Monday, February 23 • 11am-Noon

We'll cover spend plans, financial goal setting, emergency savings, debt management, investing and much more.

### Planning for Retirement

Monday, February 23 • 5-6pm

Learn how to determine how much you need to retire and to how take responsibility to ensure that you have an adequately funded retirement.

### Lunch & Learn: Financial Crisis & Problem Solving

Tuesday, February 24 • 11am-Noon

Learn the signs of financial hardship and techniques for getting your finances back on track.

### Managing Debt

Tuesday, February 24 • 5-6pm

We'll provide you with practical tips to manage debt, avoid quick fixes and resolve financial trouble.

### Lunch & Learn: Estate Planning

Wednesday, February 25 • 11am-Noon

Go over the pros and cons of Wills, Revocable Living Trusts and Irrevocable Trusts.

### Investing in Your Future: TSP

Wednesday, February 25 • 5-6pm

Want to take advantage of the TSP Program but don't know where to start? We'll show you how to set it up, the different funds available & the tax benefits.

### Lunch & Learn: Travel on a Budget

Thursday, February 26 • 11am-Noon

Take a vacation without spending a fortune with these helpful resources and insider tips.

### Pre/Post Deployment Money Matters

Thursday, February 26 • 5-6pm

Make the most out of your deployment. Learn about the TSP, Savings Deposit program and more.

### Lunch & Learn: Establish & Maintain Good Credit

Friday, February 27 • 11am-Noon

Learn about credit reports and how it affects your credit, and how to utilize credit effectively.

### Making Military Members Millionaires

Friday, February 27 • 5-6pm

Learn about planning for your financial goals, personal risk tolerance, investment instruments, debt instruments, equity instruments, plus short and long term investing strategies.



# PAGE COMMUNITY CENTER

226-1627 • Bldg 900

## EVENTS

### Valentine's Balloon & Gift Shop

Now – February 14

We've got gift baskets and balloons for both adults and children starting at just \$5! Delivery is available on RAF Lakeneheath & RAF Feltwell for \$5. Order by January 31 and get FREE delivery on purchases of \$12 or more!

### Gamers' Club

Saturday, February 14 • 1:30-3:30pm • FREE

Calling all gamers! Are you looking for someone to battle? Join us every 2nd Saturday of the month!

Contact the A&FRC at 226-3847 for more info.

### Coed Bingo

Wednesday, February 20

Doors at Eagles' Landing open at 5pm

Games start at 6pm • Coeds 18+ Only

Pre-purchase books February 1-19 at the Page CAC: 2 for \$25, additional books \$10 each; or February 20: 2 for \$30, additional books \$15 each. Prizes include an iPad, ITT trips, cash prizes & more!

Sandwiches, chips and soda/water will be available for purchase.

\*Minimum purchase of 2 books per person. No refunds. \*\*Food purchased at the Liberty Club, Great Little Pizza Place, or the Liberty Lanes Bowling Center welcome. No other outside food may be brought into the facility.

### Single Airmen Ping Pong Tournament

Thursday, February 19 • 5pm • 18+

Are you a killer ping pong player? Sign up at the Page CAC to show off your skills. \$5 entry fee and the winner will receive an FSS gift card.

### AFE Tour "Four Day Weekend" Comedy Show

Thursday, February 26 • 18+

Doors at the Liberty Club open at 6pm.

Show starts at 7pm.

### Single Airmen Pool Tournament

Saturday, February 28 • 9am • 18+

Come and show off your pool skills. Sign up at the Page CAC. \$5 entry fee and the winner will receive an FSS gift card.

## PARTIES!

### Skate Parties

Fridays • 6-9pm

Saturdays • Noon-3pm or 4-7pm

Sundays • 2-5pm

### Indoor Bouncy Castle Parties

Saturdays & Sundays • 10am-1pm

Stop by, give us a call or visit our website for more information about our party package options.







## ONGOING EVENTS

### Parent & Me Skate Date

Wednesdays • 9-11am  
\$3/person on skates. Parents with children age 5 and under are welcome. You can even bring your stroller!

### Lunch Skate

Monday-Friday • Noon-2pm  
Fight that food coma and get your adrenaline pumping out on the rink! \$3/person on skates.

### Birthday Skate

Is your birthday in February?  
Skate for FREE during open skate!

### Skating Punch Card

Get six punches and your seventh session is FREE!

### Open Skate

\$5 admission  
Fridays • 6-9pm  
Saturdays • Noon-7pm  
Sundays • Noon-5pm

## WARD COMMUNITY CENTER

226-7023 • Bldg 94 at RAF Feltwell

## EVENTS

### Family Bingo

Friday, February 6 • 5:30-7pm  
Bingo fun for the whole family! Play for a chance to win awesome prizes! The Grand Prize is tickets for a great day out. \$10 for 10 games.  
\*Children under 10 must be supervised.

### Valentine's Craft Night

Thursday, February 12 • 5-6:30pm • FREE  
Make something special for the ones you love!  
\*Children under 10 must be supervised.

### Valentine's Princess Party

Saturday, February 14 • 11am-1pm • \$20  
Your castle awaits! Be a princess for a day and wear your favorite dress. We'll have fun and crafts for kids ages 2-10. Each princess will receive a gem manicure, a goody bag, cake and juice. Sign up by Thursday, February 12.  
\*Each princess must be accompanied by a parent or guardian.

### What I'm Thankful For: Essay Competition

Submissions due: Friday, February 20  
Tell us what you're thankful for in 300 words or less. Submit entries with your name, age and contact number to the Ward Community Center by Friday, February 20. Open to ages 6-9 years & 10-15 years. 1st place prizes awarded for each age category.

## RUGBY'S TOO CAFÉ & EATERY

Visit today and enjoy your favorite food & beverages, including perfectly-brewed Starbucks® coffee! See directory on page 33 for hours of operation.

# AUTO HOBBY COMPLEX | TIRE & LUBE CENTER

226-2454/2383 • Bldg 1108

226-2278/2279 • Bldg 1030



## SPECIALS

### February 1-15

- Have your oil changed and get a FREE starting & charging check!
- 25% OFF vehicle cleaning supplies

## EVENTS

### All Nighter

Saturday, February 14 • 10am -  
Sunday, February 15 • 4pm  
32 hours of fix-it fun with FREE  
pizza at 10pm. Time to get those  
repairs done with no rush. Parts  
store open throughout the night.  
First come, first served.

## SERVICES

- Pop in for a complete price menu.
- Oil Changes
  - Tire Shop
  - Parts Store with Special Ordering
  - Automated Car Wash
  - Pressure Car Wash
  - Towing & Recovery
  - POV Sales

## NEED YOUR WHEELS ALIGNED?

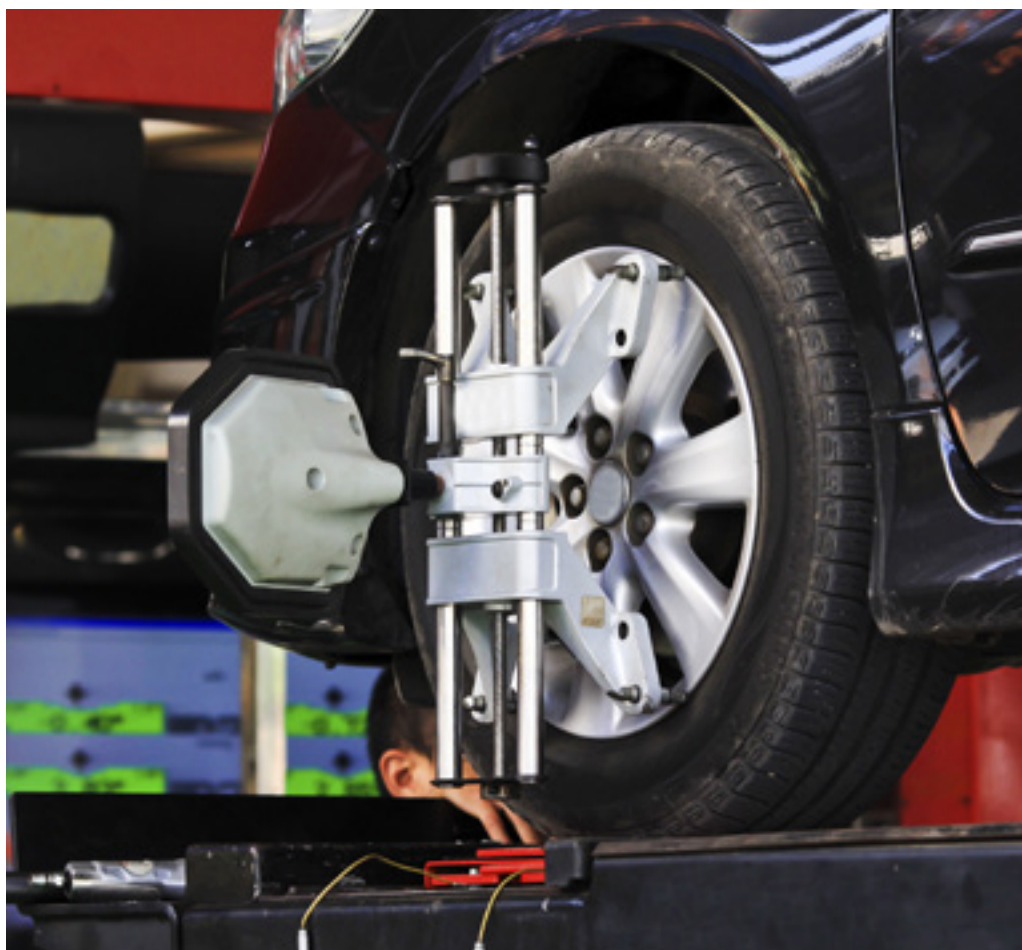
The Tire & Lube Center has a  
state of the art 3D wheel alignment  
system. Stop by or call today to  
make an appointment!

## OIL - YOUR CAR'S LIFE BLOOD

Has your car been making a racket? Does it sound like it has a sore throat? Don't ignore the signs! You might be due for an oil change. The folks at TLC are here to help, whether you just need the supplies or you need our professionals to do the work for you. Call to make an appointment or stop by!

## MOTORCYCLE SERVICES

The Tire & Lube Center now offers motorcycle servicing, tires, riding equipment/clothing and accessories. All helmets meet European and USAF requirements for riding in the UK and Europe. We can also special order motorcycle parts & accessories with most items arriving in just two days!





# MOT Testing



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**Monday-Friday 8am-5pm**

Call 01638.534.185 for an appointment today!

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Red Lodge, Suffolk IP28 8XQ





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# ARTS & CRAFTS CENTER

226-2194 • Bldg 906



## CLASSES

Discover a new hobby or sharpen your existing skills! Learn to crochet, scrapbook or how to use your camera. See page 32 for a listing of all the classes available this month.

## SPECIALS • 20% OFF

February 1-9:  
Jewelry Supplies & Tools

February 10-19:  
Craft Storage Items

February 20-28:  
Fine Art Canvas & Sketch Pads

## CUSTOMIZE

Need something embroidered or engraved? We have an array of items to choose from for a unique memento including cricket bats, t-shirts, hats and more!

## NAME TAPES

We make US Air Force name tapes with or without velcro for both Multicam and ABUs. Stop by the lobby counter Monday - Saturday for more details and prices.

## RETAIL

Our "Crafts Galore" shop has everything you need for your crafts! Materials for scrapbooking, model making, knitting, sewing, painting, drawing, cake decorating and children's crafts can all be found in our award-winning shop!

## WOOD CRAFTS CENTER

226-3367 • Bldg 1104

## SPECIALS

10% OFF • Custom Crates

10% OFF • Plywood

20% OFF • Woodscrews

\*Specials apply to in stock items only.

## CRATING SERVICE

Only \$25 + Materials!

We create custom sized crates for your gifts and special items to be ready for mailing to the states.



## OUTDOOR RECREATION

226-2146 • Bldg 1109

### SERVICES

#### Airport Shuttle

- Advanced Booking Only
- Services to all UK airports
- We can transport pets too!
- Call ODR for more information

#### Costume Sales

Stop by Equipment Rental to see how you can theme your next party! We have a wide variety of adult and child costumes. They go great with bouncy castles for parties of all kinds!

#### DVD & VHS Conversions

Convert your DVDs from US to PAL or vice versa. Or convert your VHS tapes to DVD. Now only \$10 for up to 4 hours.

#### Equipment Rental

Rent a variety of equipment including tools, vacuums, camping gear, generators, bouncy castles, party games and more!

#### Key Cutting

Need spare keys for your house or car? Stop by ODR and get yours today!

#### Pedaler Bike Shop

We offer Bikes for all ages from Coyote, Viking, Python & ProBikes as well as a large selection of parts & accessories. Need repairs or help selecting a new bike? Our certified bike technicians are here for you.

#### Storage Units

We have 8'x8'x10' secure storage units available to rent for just \$50/month!







## OUTDOOR ADVENTURES

### Holy Grail Quest, Scotland

February 14-16 • SOLD OUT!

Ages: 6+ • Exertion Level 2-3

Adult \$350; Child (under 15) \$295

Single Airman \$245 • See your First Sergeant or Chief for more details

Discover Scottish sites associated with the Holy Grail, from DaVinci Code to Monty Python! Visit the impressive Doune Castle. Then onto Stirling for a climbing tour of the Wallace monument (Braveheart) and Stirling Castle. Our final day we visit Rosslyn Chapel made famous through Dan Brown's book the Da Vinci Code. Transportation, 2 nights B&B shared/mixed accommodations and listed admissions included. Sign up by February 5.

### The Big Chill

Saturday, February 28

Ages 18+ Exertion Level 3-4

\$65 AD/Dep; \$225 All Others

Travel to the heart of London for an ice climbing experience followed by a visit to the ICEBAR! Includes transportation to/from London and listed admissions. Sign up by February 11.

### In Search of Mr. Darcy:

#### Jane Austen Tour

March 21-22 • Ages: 6+

Exertion Level 2-3 • \$295/person

Discover where Jane Austen lived, died and developed her novels: Chawton, Winchester, Steveton, and Bath. Also, visit film locations associated with her novels, Harry Potter, the Warhorse and Cranford. Finally, visit Bath for a tour of the Austen Centre after a lunch tea with Mr. Darcy. Transportation, listed admissions and 1 night B&B mixed/shared accommodations included. A pre-trip brief is required. Sign up by March 3.

### Beach Fishing

Saturday, March 28 • Ages: 10+

Exertion Level 2-3 • \$35/person

Times to follow based on tides, weather and location. Test your skills at beach fishing. See if you can catch cod and flat fish on the tides. Bait, transportation and equipment included. Sign up by March 10.





## INFORMATION, TICKETS & TRAVEL

226-2979 • Bldg 977 Rm G20 & BX

### CADBURY WORLD & SEA LIFE AQUARIUM

Sunday, February 8  
Adult £38, Child £36,  
Infant £10; Inclusive  
Contact ITT for departure  
time and details.



### DISNEYLAND PARIS PACKAGES

3 Day • Adult £265, Child £139  
4 Day • Adult £335, Child £169  
\*Prices based on two adults sharing a room  
Now – March, kids get a FREE Disney Hopper ticket  
with the purchase of a Paris package break.



### HIGHLIGHTS OF HOLLAND, AMSTERDAM AND DELFT

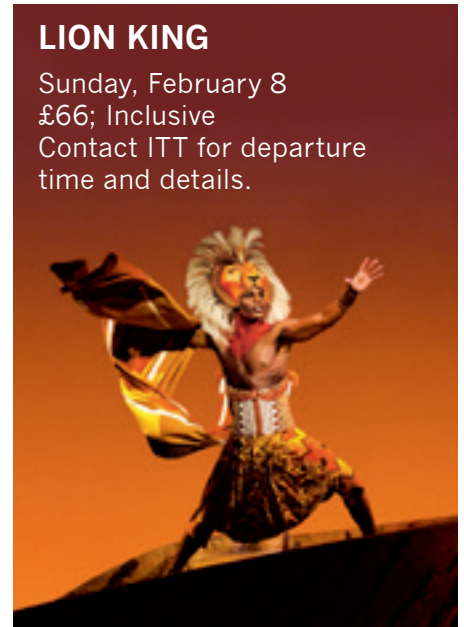
February 14-16 • Adult £229, Child (2-11) £189

Includes: SunFun luxury coach, ferry crossings, 2 nights bed & breakfast, guided tour of a Diamond Center, a visit to a Delft Pottery and an experienced tour guide



### LION KING

Sunday, February 8  
£66; Inclusive  
Contact ITT for departure  
time and details.



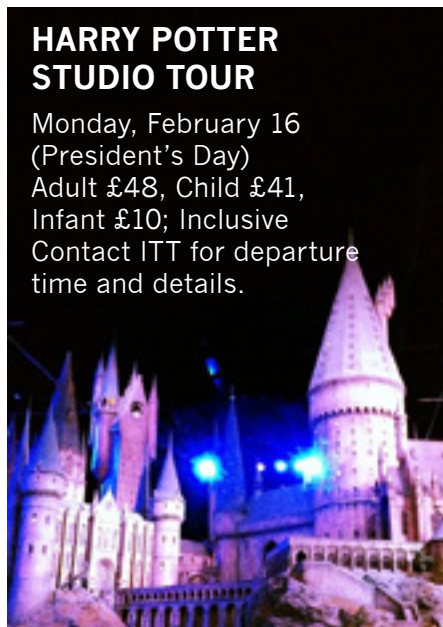
### VALENTINE'S DAY IN LONDON

Saturday, February 14  
£21; Transportation only  
Contact ITT for departure  
times and details.



### HARRY POTTER STUDIO TOUR

Monday, February 16  
(President's Day)  
Adult £48, Child £41,  
Infant £10; Inclusive  
Contact ITT for departure  
time and details.



### JACK THE RIPPER, PLANET HOLLYWOOD & LONDON ICE BAR

Saturday, February 21  
£48 • Transportation, tour  
and admission incl.

\*Meal not included  
Contact ITT for departure  
times and details.



**CANCELED**



## QPR VS CHELSEA

Saturday, April 11  
£84; Inclusive  
Contact ITT for departure  
times and details.



## NEW! LIVERPOOL 2 DAY TOUR

March 14-15 • Adult £139, Child £99

\*Prices based on two adults sharing;  
Additional £40 single room supplement

Includes:  
Sun Fun luxury coach, 1 night bed &  
breakfast, Mersey Ferry Cruise, Magical  
Mystery Tour & an experienced tour guide

Optional Extras:  
A visit to Albert Dock, home of the  
largest collection of grade 1 buildings in  
one place, the International Museum of  
Slavery, the Maritime Museum & more

\*Admission not included.



## SPRING BREAK IN THESSALONIKI, GREECE

April 6-10 • Adult £485, includes flights

\*Prices based on two adults sharing. Child prices  
available, inquire within. Additional £128 single  
room supplement

Includes: Easy Jet air fare, airport transfers  
once in Greece, four night stay in a 5-star hotel,  
continental breakfast, excursion to Halkidiki  
Beach, Pella Archaeological Site, Vergina  
Museum & Thessaloníki City tour all with  
an experienced tour manager



## LONDON BUNDLE DEALS

Upgrade any of the below packages with a  
Madame Tussaud's Ticket for £20 (save £2)

Transportation not included.

\*Children's packages not available due to varying  
age limits of the attractions

### Silver Package £36

(You save £5)

- Big Bus Sightseeing Tour
- London Eye

### County Hall Package £46

(You save £6)

- London Eye
- London Dungeon
- SEA LIFE Aquarium

### Gold Package £50

(You save £9)

- Big Bus Sightseeing Tour
- London Eye
- London Dungeon

### Platinum Package £65

(You save £10)

- Big Bus Sightseeing Tour
- London Eye
- SEA LIFE Aquarium
- London Dungeon





# RAF MILDENHALL EVENTS

## Barefoot in the Park

by Neil Simon - Directed by Steve Doke

Thursday, 26 February - 6 pm

Friday, 27 February - 7:30 pm

Saturday, 28 February - 7:30 pm

RAF Mildenhall

Bob Hope Community Center

A locally produced stage production of the Broadway hit comedy "Barefoot in The Park" featuring RAF Mildenhall actors and tech people.

*"A bubbling, rib-tickling comedy."*  
- The New York Times

*"Critic weeps joyfully...I don't think anybody stopped laughing while the curtain was up last evening."* - New York Daily News

Tickets: \$5 each - available in advance at the BHCC front counter or at the door before each performance.

This stage production features adult themes "Barefoot in the Park" is presented by special arrangement with SAMUEL FRENCH, LTD.

Call: 01638 54 2579

## Norfolk & Suffolk Walks Series

Sunday, 15 February

Wednesday, 25 February

Join the ODR team as we explore some of the best walks in the local area. Each month we will select at least one walk and provide your transportation to and from the site and a staff guide to make sure you don't get lost! Meet at Outdoor Rec with your hiking boots and a packed lunch. Sign up in advance. Dogs are welcome - please let us know if you plan to bring your dog.

\$25 per person.

*Spend \$25 in our retail store and get on this trip for FREE!*



Call: 01638 54 4283

# ZOMBIE APOCALYPSE

Saturday, 14 February

Reading, London, 7:00 am - 6:00 pm



This zombie mall survival horror experience is truly like no other in the UK. From the start you are part of an unfolding story that will play out in real time pitted against the horde in a series of missions in a full-on 'run and gun' gore fest. Every decision you make will affect the world around you. You just simply, turn up and take part. Everything is provided for you. You just need to survive!

### What you experience

- Basic weapons training (pistols and shotguns)
- Movie-quality special effects and props
- Realistic story lines with you as the main character
- Amazing, atmospheric locations fit for an apocalypse
- Adrenaline-pumping fear, dread & terror.

18 years & older only

\$300 per person

Single Airman: \$150



Call: 01638 54 4283



# RAF MILDENHALL

## 100TH FORCE SUPPORT SQUADRON

### DIRECTORY

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☎ 460 ☎ 3406

**Arts & Crafts**  
☎ 404 ☎ 2644/4101

**Auto Hobby Complex**  
☎ 240 ☎ 2480/1480

**Bob Hope Community Center**  
☎ 404 ☎ 2579

**Bowling Center**  
☎ 160 ☎ 2348

**Child Development Center**  
☎ 288 ☎ 2042

**Civilian Personnel**  
☎ 435 ☎ 2111

**The Daily Grind Coffee Shop**  
(located inside the BHCC)  
☎ 404 ☎ 7178

**Education Center**  
☎ 427 ☎ 2350

**Hardstand Fitness Center**  
☎ 849 ☎ 3735

**Gateway Dining Facility**  
☎ 436 ☎ 2689

**The Galaxy Club**

**American Roadhouse**  
☎ 437 ☎ 2680

**New York Pizza & Deli**  
☎ 437 ☎ 2680

**Cashier Cage**  
☎ 437 ☎ 2683

**Tudor Bar at Middleton Hall**  
☎ 464 ☎ 4860

**Human Resources Office**  
☎ 460 ☎ 2111

**Information, Tickets & Travel**

☎ 404 ☎ 2630/1004

**Library**  
☎ 425 ☎ 2352

**Lodging (Gateway Inn)**  
☎ 459 ☎ 6001

**Outdoor Recreation**  
☎ 162 ☎ 4283/7151

**Youth Center**  
☎ 293 ☎ KIDS (5437)

**Teen Program**  
☎ 220 ☎ 3046

Calling from a civilian line: 01638 54 XXXX  
Calling from DSN: 238 XXXX

For more RAF Mildenhall information  
please visit [www.100fss.com](http://www.100fss.com)

 Find us on facebook... <http://www.facebook.com/100fss>



# BOWLING HANDICAP COMBINATION FOURS TOURNAMENT

## Sunday, 1 March & Sunday, 8 March

**RAF Mildenhall Bowling Center**

**Sign up by 28 February**  
**\$240 per 4 bowler team**

Each bowler will bowl a total of 9 games, 3 Doubles games, 3 Trios games and 3 Team Event games. Prizes will be awarded in each event. The winners of the overall event will be the team with the highest pinfall over 36 games, including handicap.

Bowlers must be a member of the USBC and have an established handicap with at least 21 games. Proof of average is required.

### Daily Prizes

Singles  
1st: \$50, 2nd: \$40

Doubles  
1st: \$100, 2nd: \$60

Trios  
1st: \$150, 2nd: \$100

Team  
1st: \$200, 2nd: \$150

### 36 Game Prize List

*highest score over both days*

1st: \$500

2nd: \$300

3rd: \$250

4th: \$200



**Call: 238 - 2348**

# CLASSES & DIRECTORY

## AIRMAN & FAMILY READINESS CENTER

**Sponsor Training**  
Mon, Feb 2 • 2-3:30pm

**5-Day Transitioning  
GPS Workshop**  
Feb 9-13 & 23-27 • 8am-4:30pm

**Pre-Separation Counseling**  
Tues, Feb 3 & 17 • 8:30-11:30am

**Resume 101**  
Wed, Feb 4 • 9-11am

**Pre-Deployment Briefing**  
Wed, Feb 4, 11, 18 & 25 • 10-11am

**Manage Your Move**  
Fri, Feb 6 • 10am-3pm

**Federal Employment Part 1:  
The Federal Application Process**  
Thurs, Feb 12 • 9-11am

**RUFit: 12 Modules in 12 Months**  
Tues, Feb 17 • 5-6:30pm

**Heart Link**  
Fri, Feb 13 • 8:30am-3pm

**Federal Employment Part 2:  
Writing a Federal Resume**  
Thurs, Feb 26 • 9-11am

## ARTS & CRAFTS

**Crochet Beginners**  
Tue, Feb 3 • 4 weeks  
10am-Noon • \$40 + supplies

**Mold Pouring**  
Tues, Feb 3 or 17  
Wed, Feb 4 or 18  
10am-Noon • 1 day • \$25 Inclusive

**Basic Camera**  
Wed, Feb 4 • 3 weeks  
5-6:30pm • \$30 Inclusive  
Bring your own camera.

**Wheel Thrown Pottery (Beginner)**  
Mon, Feb 2 • 4 weeks  
10am-Noon or 4pm-6pm  
Wed, Feb 4 • 4 weeks  
4:30-6:30pm • \$75 Inclusive

**Wheel Thrown Pottery  
(Intermediate)**  
Thur, Feb 5 • 4 weeks  
6:30-8:30pm • \$75 Inclusive

## FITNESS & SPORTS CENTER

Classes are free of charge unless otherwise noted. All classes are suitable for all fitness levels.

**48 FX Functional Fitness • 16+**  
Tues & Thurs • 11am-Noon  
Wed • 6-7pm  
\$8/class • Contact front desk for pre-req information.

**Group Indoor Cycle**  
Mon, Wed, Fri • 5-5:45am  
Tues & Thurs • 11-11:45am  
Mon-Thurs • 5-5:45pm

**H.I.I.T. (High Intensity  
Interval Training)**  
Mon & Wed • 6-6:30am,  
9:30-10am & 10:05-10:35am  
Fri • 6-6:30am

**Latin/Urban Aerobics**  
Mon & Wed • 7:15-8:15pm  
Tues • 6-7pm

**Power Stretch**  
Mon • 11:30am-12:30pm  
\$4/class

**Power Yoga**  
Mon & Wed • 6-7pm • \$4/class

**Street Dance Lessons**  
Fri • 5-6pm • \$5/class

## LIBRARY

**Mango Languages**  
Online program to learn languages. Visit [www.usafelibraries.org](http://www.usafelibraries.org), click on the information databases tab, click on access via USAFE library card, enter your library card no. & then click on Mango Languages.

**Transparent Language Online**  
Online program for learning languages. Visit the base library to register.

**Universal Class**  
Online continuing education service. Sign up at the Library.

## PAGE CAC

**Guitar Classes**  
Wed, Thurs & Sat • 3:15-6:15pm  
\$70/month • 30min/week

**Jiu Jitsu**  
Thurs • \$35/month  
3:30-4:15pm & 4:15-5pm  
Ages 4-8 & 9-14

## WARD CAC (RAF FELTWELL)

**Ballet**  
Classical Beginners  
Tues • 4:45-5:30pm  
Ages 5+ • \$9/class

**Guitar Lessons**  
Mon & Tues • 3:15-6pm  
\$70/month/student  
One-on-one lesson, 30min/week

**Jiu Jitsu**  
Mon • \$35/month  
Ages 4-8 • 3:30-4:15pm  
Ages 9-14 • 4:15-5pm

**Piano Lessons**  
Wed • 3:15-6pm  
Thurs • 3-5:30pm  
\$70/month/student  
One-on-one lesson, 30min/week  
Ages 7+

**Pre-School Ballet**  
Tues • 4-4:45pm  
Ages 3-5 • \$8.40/class

## YOUTH CENTER

**Ballet & Tap**  
Mon • Times vary • Ages 3+  
Starts at \$25/month

**Gymnastics**  
Days & times vary  
Age 2+ • Starts at \$40/month

**Karate**  
Thurs • 4:45-6:15pm & 6:15-7:45  
Fri • 4:45-6:15pm  
Ages 6+ • \$45/month

**Open Wall Climb**  
Wed • 6-7pm  
Ages 7-17 • \$5/session  
Wed • 7-8pm  
Ages 18+ • \$7/session

**Piano Lessons**  
Mon-Fri • Times vary  
Ages 8+ • 30mins/week  
\$70/month

**Tae Kwon Do**  
Tues • 6-7pm  
Ages 8+ • \$35/month

**Wall Climbing Class**  
Thurs • 6-7pm & 7-8pm  
Ages 7+ • \$20/month (4 classes)



**AIRMAN & FAMILY  
READINESS CENTER** 

Bldg 950 • x3847  
Mon-Wed: 7:30am-4:30pm  
Thurs: 7:30am-2:30pm  
Fri: 7:30am-4:30pm

**ARTS & CRAFTS** 

Bldg 906 • x2194  
Mon-Fri: 9am-5:30pm  
Sat-Sun: 10am-4pm  
Classes: Mon-Thu: 6-9pm

**AUTO HOBBY COMPLEX**

Bldg 1108 • x2454  
**MOT/SVA: 01638 534185**  
Mon-Fri: 8am-8pm  
Sat: 10am-7pm  
Sun: 10am-4pm  
Last DIY sign-in is 30 min  
before closing.

**Auto Parts Store**

Bldg 1102 • x5918  
Sun: 10am-4pm  
Mon-Fri: 9am-7pm  
Sat: 10am-7pm

**Auto Tire & Lube Center**

Bldg 1030 • x2279/2278  
Mon-Fri: 7:30am-5:30pm

**BRECKLAND PINES  
GOLF COURSE** 

Bldg 1320 • x2223  
**Golf Shop**  
Open Daily: 7am-4pm

**The Grill at Breckland Pines**

Bldg 1320 • x3551  
Open Daily: 7am-1:30pm

**CHILD DEVELOPMENT  
CENTERS (CDC)**

**CDC East**  
Bldg 659 • x3285  
Mon-Fri: 6:30am-6pm

**CDC West**  
Bldg 439 • x5812  
Mon-Fri: 6:30am-6pm

**CIVILIAN PERSONNEL  
CUSTOMER SERVICE**

(RAF Mildenhall)  
Bldg 435 • 238-2111  
Mon-Fri: 8am-5pm

**EAGLES' LANDING** 

Bldg 958 • x2535/x2489  
**Catering**  
Mon-Fri: 9am-4pm  
**Pub x2326**  
Fri: 5-10pm

 : FREE WI-FI

**COMMUNITY ACTIVITIES  
CENTERS (CAC)** 

**Page CAC**  
Bldg 900 • x1627  
Mon-Thurs: 8:30am-7pm  
Fri: 8:30am-9pm  
Sat: Noon-9pm  
Sun: Noon-6pm

**Skating Rink**  
Mon-Fri: Noon-2pm  
Wed: 9-11am  
Fri: 6-9pm  
Sat: Noon-7pm  
Sun: Noon-5pm

**Ward CAC (RAF Feltwell)**

Bldg 94 • x7023  
Mon-Fri: 11am-7pm

**EDUCATION SERVICES** 

Bldg 948 • x3851  
Mon-Wed: 8am-4:15pm  
Thurs: 9am-4:15pm  
Fri: 8am-3:45pm

**ELECTRIC AVENUE** 

Bldg 670 • x2067  
Mon-Sat: 10am-10pm  
Sun: Noon-6pm

**FAMILY CHILD CARE**

Bldg 957 • x2170  
Mon-Fri: 7:30am-4:30pm

**FITNESS & SPORTS CENTER** 

Bldg 904 • x3607  
Mon-Thurs: 4:30am-11:30pm  
Fri: 4:30am-9pm  
Sat: 8am-8pm  
Sun: Noon-8pm

**Afterburn Juice Bar**

07706 645825  
Mon-Fri: 6:30am-7pm  
Sat: 10am-3pm

**GREAT LITTLE PIZZA PLACE** 

Bldg 670 • x2181 or x2497  
Mon-Thurs: 11am-9pm  
Fri-Sat: 11am-11pm  
Sun: Noon-9pm  
**Delivery**  
Mon-Thurs: 4-8pm  
Fri-Sat: 4-9:30pm  
Sun: 4-8pm

**HARD COPIES PRINT SHOP  
(MARKETING)**

Bldg 949 Rm 211 • x1709

**INFORMATION, TICKETS  
& TRAVEL (ITT)**

Bldg 977 Rm G20 • x2979  
Mon-Fri: 11am-4pm  
BX Main Store Mall  
Mon-Fri: 10am-5pm  
Sat: 10am-1pm

**KNIGHT'S TABLE  
MILITARY DINING FACILITY** 

Bldg 934 • x3214  
**Mon-Fri**  
Breakfast: 6-8am  
Lunch: 11am-1pm  
Dinner: 4-6:30pm  
**Sat-Sun**  
Brunch: 7am-12:30pm  
Dinner: 3:30-5:30pm

**LIBERTY CLUB** 

Bldg 648 • x1611  
**Cashier's Window**  
Mon-Sat: 10:30am-5pm  
Sun: Closed

**Casino Lounge**

Sun-Wed: 4-11pm  
Thurs: 4pm-1am  
Fri-Sat: 4pm-2am

**Pinkerton's**

Bldg 648 • x1611  
**Lunch**  
Mon-Fri: 11am-1:30pm  
**Dinner**  
Tues-Thurs: 5-8pm  
Fri-Sat: 5-9pm

**Rugbie's: A Modern Bistro**

Bldg 648 • x1603  
*Monday - Friday*  
Breakfast: 6:30-10:30am  
Lunch/Dinner: 11am-9pm  
*Saturday*  
Breakfast: 8-10:30am  
Lunch/Dinner: 11am-9pm  
*Sunday*  
Lunch/Dinner: Noon-9pm

**Rugby's Too (RAF Feltwell)**

Bldg 94  
Mon-Fri: 7am-1pm

**LIBERTY LANES  
BOWLING CENTER** 

Bldg 657 • x2108  
Mon: 11am-8pm  
Tues: 11am-10pm  
Wed: 11am-10pm  
Thurs: 11am-11pm  
Fri: 11am-Midnight  
Sat: 8:30am-Midnight  
Sun: 11am-8pm

**Grill 48**

Mon: 11am-7pm  
Tues-Wed: 11am-9:30pm  
Thurs-Sat: 11am-10pm  
Sun: 11am-7pm

**Pro Shop: By Appointment Only**

**LIBERTY LODGE** 

Bldg 984 • x6700  
Front Desk 24 Hours a Day  
Check-In: 2pm / Check Out: 11am

**LIBERTY LIBRARY** 

Bldg 907 • x3713  
Mon-Sat: 10am-6pm  
Fax & Copy Service  
Mon-Sat: 10am-5pm

**MANPOWER SECTION**

Bldg 977 • x1174  
Mon-Wed: 7:30am-4:30pm  
Thurs: 9:30am-4:30pm  
Fri: 7:30am-4:30pm

**MILITARY PERSONNEL SECTION**

Bldg 977 • x5131  
Career Development: x3939  
Force Management: x5138

**Walk-In**

Mon-Wed: 7:30am-1:30pm  
Thurs: 9:30am-1:30pm  
Fri: 7:30am-1:30pm

**Appointments Only**

Mon: 1:30-4:30pm  
Tues: 6:30-7:30am  
Wed-Fri: 1:30-4:30pm

**NAF HUMAN**

**RESOURCES OFFICE**  
Bldg 977 Rm G45 • x4417  
Mon-Wed: 7:30am-4:30pm  
Thurs: 9:30am-4:30pm  
Fri: 7:30am-4:30pm

**OUTDOOR RECREATION** 

Bldg 1109 • x2146  
Mon-Fri: 10am-5:30pm  
Sat: 10am-2pm

**VAT RELIEF PROGRAM OFFICE**

Bldg 957, Rm 201 • x3166  
Mon-Fri: 9am-4pm

**WOOD CRAFT CENTER** 

Bldg 1104 • x3367  
Wed: 11am-5pm  
Thurs: 11-8pm  
Fri-Sun: 11am-5pm

**YOUTH CENTER** 

Bldg 250 • x3180  
Mon-Fri: 7:30am-5:30pm

**Open Recreation**

Mon-Fri: 3-7pm

**School Age Program (SAP)**

Mon-Fri: 6:30am-6pm

**Teen Programs**

Bldg 250 • x5452  
Mon-Thurs: 3-8pm  
Fri: 3-9pm

Life is a journey...  
...let ITT take  
you there!



# TRAVEL *Fair*

**Saturday, March 7**

**Eagles' Landing • 10am-3pm • FREE**  
**Come have fun and plan your next adventure**  
**while entering for your chance to win great prizes!**



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