

# atEase

AUGUST 2014 | 48TH FORCE SUPPORT SQUADRON | RAF LAKENHEATH, UK



## MEMBERSHIP PAYS!

Join us for a members only luau and a chance to win great prizes!

## GET YOUR GAME ON!

Get out and play for bragging rights at Wing Sports Day!

## FREE COMEDY SHOW!

AFE presents the GIs of Comedy at the Liberty Club!



**MON, AUG 25 • 8AM-4:30PM**

**WING**



# SPORTS DAY



Golf (fees apply) • Ten Pin Bowling (fees apply) • 5k Fun Walk/Run  
Softball • Dodgeball • Ultimate Frisbee • Flag Football • 3 on 3 Basketball  
5 a Side Soccer • Wollyball • Volleyball • Horseshoes • Track • Tug of War

## SEE YOUR SQUADRON SPORTS REP. FOR MORE INFORMATION

Sign up deadlines apply to most events | Intramural eligibility applies



# AUGUST 2014

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Great Little Pizza Place  
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# DEPARTMENTS

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48 MSG Commander: Col Marc Vandevier  
48 FSS Commander: Lt Col Ryan Richardson  
48 FSS Deputy: Eddie Adelman

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The atEase magazine is prepared by the 48th Force Support Squadron Marketing & Publicity Department and is an unofficial publication of the RAF Lakenheath community. Contents are not necessarily the official views of, nor endorsed by, the US Government, the Department of Defense, the U.S. European Command, or the 48th Fighter Wing. No Federal endorsement of advertisers or sponsors is intended.

Information in this magazine is current at the time of publication. All facility programs, event hours, prices, and dates are subject to change without notice. Contact each facility for the most up-to-date information.

Web: [www.lakenheathfss.com](http://www.lakenheathfss.com)  
DSN: 226-1719  
Commercial: 01638-521719  
US International: 011-44-1638-521719  
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48th Force Support Squadron-RAF Lakenheath



## SPONSORSHIP

Expose your business to over 11,000 potential customers at RAF Lakenheath by sponsoring an event or advertising on any of our media outlets such as the atEase magazine, 52° North travel guide, Qubica screens, or on our website!

### SPONSORSHIP OPPORTUNITIES

Event sponsorship gives you face time with and access to the RAF Lakenheath community. Build goodwill and brand recognition at our events!

### ADVERTISING OPPORTUNITIES

Place your ad in our monthly publication. Over 3,000 atEase magazines are printed each month and are available for free at roughly 20 strategic locations around base.

### CONTACT

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THE RAF LAKENHEATH & MILDENHALL

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# DINING & ENTERTAINMENT



## GREAT LITTLE PIZZA PLACE AT LIBERTY PLAZA

226-2181 • Bldg 670

We now offer **FREE Wi-Fi!**

### SPECIALS

#### Pizza Meal Deal

Monday-Friday • 11am-2pm

Get two jumbo slices of pizza with a drink!

Members: \$4.50, Non-members \$5.50.

#### Thursday Family Entertainment Feast

Just \$35 • 3-8pm • See pg. 16 for more information

---

Delivery is available to on-base locations, including the Liberty Village and Lords Walk housing areas! Delivery fee applicable.

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## PINKERTON'S STEAK HOUSE

### Lunch Buffet

Monday-Friday

11am-1:30pm

Members \$8.75,

Non-members \$10.75

Monday: All-American

Tuesday: Tex-Mex

Wednesday: Italian

Thursday: Southern

Friday: Bistro

### Dinner

Tuesday-Thursday: 5-8pm

Friday-Saturday: 5-9pm

### Members Only Special

Tuesdays • \$21.95

2-4-1 Prime Rib Night







## WEEKLY ENTERTAINMENT (ADULTS ONLY)

### Quiz Night:

Wednesdays, 7:30pm

### Bones, Chug & Harmony:

Thursdays, 9pm

### Progressive Members Drawing:

Fridays, 9pm

### Urban Night:

Fridays, 10:30pm

### Crazy Karaoke:

Saturdays, 9pm



**LIBERTY CLUB AFTER DARK**

## CLUB MEMBERSHIP DRIVE LUAU

Friday, August 8 • 5-8pm

Come join us for a FREE members only luau! We will be giving away our membership prizes of two 40" TVs and two \$500 ITT gift cards!



## LIBERTY CLUB

226-1611 • Bldg 648

### CLUB MEMBERSHIP PAYS!

Become a Club member this summer and get 6 months FREE dues, a \$25 gift card and be entered to win a 40" Flat Screen TV & a \$500 ITT gift card!

### Crazy Cash Giveaway! (Members Only)

Every Friday & Saturday • Midnight  
We have already given away more than \$21,000 in cash! Just be there and be a member and you could be our next big winner!

### EVENTS

#### Country Nights

Saturdays, August 9 & 30  
10pm-2am

Two-step on over to the ballroom and enjoy some country-style fun!

#### Summer Family Fun Night

Wednesday, August 13  
5:30-7:30pm

Adults: Members \$9.95;

Non-members \$14.95

Kids: Members FREE;

Non-members \$4.95

Join us and James D Party Time Entertainment for our kid's summer party! Great food, games, prizes and much more!

#### Late Nighter

Thursday, August 21 &

Friday, August 29 • 9pm-3am

Members FREE; Non-members \$5

Come and join us for our \$6.25 wing special and entertainment to start your weekend right!

#### Wing Eating Contest

Thursday, August 28 • 10pm

Members FREE; Non-members \$5

FREE entry for those participating in the competition. Participants must sign a waiver and release form. Prizes awarded for 1st, 2nd & 3rd places! Adults only.



## KNIGHT'S TABLE

226-3214 • Bldg 934

Airmen can enjoy a variety of special meals throughout the month!

### Specialty Meals

August 6 • Southern  
 August 7 • Mongolian  
 August 13 • Italian  
 August 20 • Creole  
 August 27 • Hispanic  
 11am-1pm

### Sandwich Bar

Monday-Friday  
 11am-1pm & 4-6:30pm

### Specialty Bar

August 5 • Taco Day  
 August 12 • Pasta Day  
 August 19 • Wing Day  
 August 26 • Potato Bar  
 11am-1pm

## THE GRILL AT BRECKLAND PINES GOLF COURSE

226-3551 • Bldg 1320

### Specials

Filipino Fridays • 11am-1:30pm  
 Enjoy classic dishes such as chicken adobo, spicy beef, and lumpia!

## THE AFTERBURN AT THE FITNESS CENTER

226-3607 • Bldg 904

Satisfy your hunger with something guilt-free! Grab a made-to-order panini, fresh salad, delicious omelet or a smoothie!



## LIBERTY LANES' GRILL 48

226-2108 • Bldg 657

### Specials

Breakfast-n-Bowl\* • Fridays • 8:30-11am  
 Spend \$5 or more on breakfast and get free unlimited bowling!

Lunch-n-Bowl\* • Monday-Friday • 11am-1pm  
 Buy a combo meal and bowl for FREE!  
 Must be in military uniform.

\*Please make a reservation for groups of 5 or more.



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# SPORTS & FITNESS

## BRECKLAND PINES GOLF COURSE

226-2223 • Bldg 1320

### SPECIALS

10% OFF all short sleeve shirts  
25% OFF all Squadron Golf Events

### GET GOLF READY

Enjoy the outdoors, meet new golfers and learn in a casual group setting from a PGA or LPGA professional! Just \$99 for 5 lessons and a set of golf clubs while supplies last. Stop by or give us a call to sign up.

## FITNESS & SPORTS CENTER

226-3607 • Bldg 904

### EVENTS

#### Wing Sports Day

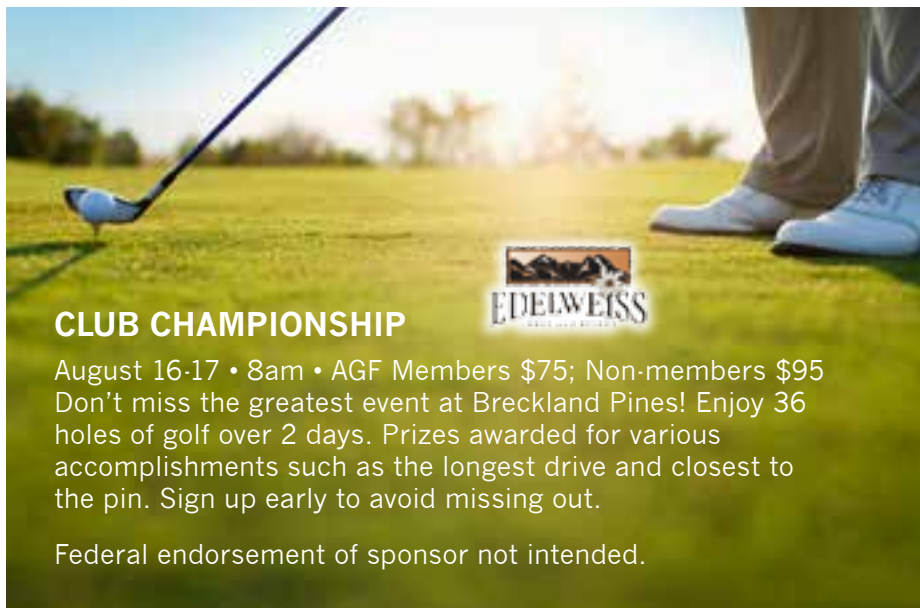
Monday, August 25 • 8am-4:30pm  
Compete in a variety of sporting events such as a 5K, softball, volleyball and more! See your Squadron representative to sign up for events.

#### AFAA Certifications

September 19-21  
The Aerobics & Fitness Association of America (AFAA) will be hosting workshops for you to get your certification to be a personal trainer, instructor for yoga, group exercise, or indoor cycling. Register by August 17.

#### Summer Tennis Camp

\$90 per week  
August 11-14  
Ages 5-9: 10-11:30am  
Ages 10-16 Beginners:  
Noon-1:30pm  
Ages 10-16 Advanced: 2-3:30pm  
Ages 17+: 5:30-7pm



### CLUB CHAMPIONSHIP

August 16-17 • 8am • AGF Members \$75; Non-members \$95  
Don't miss the greatest event at Breckland Pines! Enjoy 36 holes of golf over 2 days. Prizes awarded for various accomplishments such as the longest drive and closest to the pin. Sign up early to avoid missing out.

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### INDIVIDUAL LESSONS

Does your game need some improving? Take a lesson from our new instructor and professional golfer Lawrence Dodd! \$40/30min, \$70/hr







## LIBERTY LANES BOWLING CENTER

226-2108 • Bldg 657

### ONGOING EVENTS

#### Monday Madness

Mondays • 4-8pm

Bowl as much as you want for just \$5! \$2 shoe rental.

#### Roll the Price

Tuesdays • 11am-4pm

Roll the dice to get your price!

Prices range from 50¢ to \$1.75.

#### Wicked Wednesdays

Wednesdays • 11am-4pm

2-4-1 games! \$2 shoe rental.

#### Beat the Clock

Thursdays • 11am-8pm

Pay less by bowling earlier!

\$1.25/game: 11am-1pm

\$1.50/game: 1-3pm

\$1.75/game: 3-5pm

\$2/game: 5-8pm

#### Friday Family Fun

Fridays • 5-7pm or 6-8pm

\$40/family of 4 includes 2

hours of bowling, combo

meals and shoes!

#### Cosmic Bowling

Fridays & Saturdays

8:30pm-Midnight

\$10/person, shoes included.

#### Penny Pincher Bowling

Save money with a pre-paid

game card! Purchase in

bundles of 10, 20 or 30 games.

Visit or call for price list.

### BIRTHDAY PARTIES!

Saturdays

1-3pm/3:30-5:30pm/6-8pm

Sundays

1:30-3:30pm/4-6pm

Stop by, give us a call or visit our website for more information about our available birthday party package options.



### SPECIAL EVENTS

#### National Kids Day

Thursday, August 7 • All Day

Kids bowl for just \$1.50 per game!

#### Youth League Early Registration

August 16-23 • Noon-2pm

Get 3 FREE games of bowling for early registration!

Registration continues throughout the season.

#### King of the Hill

Sunday, August 17 • 11am

Sign-ups start at 10am with the tournament

beginning at 11am. Six games with a stepladder

final. \$30 entry fee.

#### National Potato Day

Tuesday, August 19 • All Day

Enjoy French fries for just \$1!

#### Banana Split Day

Monday, August 25 • All Day

Enjoy a banana split for just \$2.25!

#### Birthday Bowling

Tuesday, August 26

If your birthday is in August come bowl for FREE

during opening hours. DoD ID card required.

Rental shoes included.

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# YOUTH



## YOUTH CENTER

226-3180/5452 • Bldg 250

### EVENTS

#### Give Parents a Break

Saturday, August 2 • 6-11pm  
Parents can enjoy an evening out while your kids, ages 5-12, play safely at the Youth Center. Must have a referral certificate and completed AF 1181. Sign up by July 30.

#### Wicked Theatre Trip

Wednesday, August 6  
11:30am-7pm  
Members \$90; Non-members \$100  
Ticket and transportation included. Enjoy a matinee showing of the acclaimed Broadway hit "Wicked"! Bring \$s for snacks and/or a packed lunch. Open to ages 9-18. Sign up by July 25.

#### Ceramic Statue of Liberty

Wednesday, August 6 • 1-3pm  
Members \$20; Non-members \$25  
Design and decorate your very own ceramic Americana masterpiece at the Arts & Crafts Center! Open to ages 5-14. Sign up by August 4.

#### Kid's Night Out

Friday, August 8 • 6:30-10:30pm  
Members \$15; Non-members \$20  
Come and join us for an evening of fun! Games, art activities and dinner provided. Open to ages 6-12. Sign up by August 6.

#### Ceramic USA Block

Wednesday, August 13 • 1-3pm  
Members \$20; Non-members \$25  
Design and decorate your very own ceramic American Flag block at the Arts & Crafts Center! Open to ages 5-14. Sign up by August 4.

### PROGRAMS

#### Boys & Girls Club of America

Every day is something new and exciting! Boys and girls are welcome to join any of our clubs sponsored by the Boys and Girls Club of America.







## TEEN PROGRAMS

226-3180/5452 • Bldg 250

### Teen Sandringham Estate Trip

Friday, August 15 • 9:30am-4pm

Ages 13-15: Members \$15;

Non-members \$20

Ages 16-18: Members \$20;

Non-members \$25

Explore the estate, gardens, and park of Sandringham, the much loved country retreat of Queen Elizabeth II. Sign up by August 12.

### Teen Thorpe Park Trip

Thursday, August 21

7:30am-9pm

Members \$50; Non-members \$55

Enjoy a ride on the SWARM, the Colossus, Saw, the Zodiac and the Stream! Includes tickets and transportation. Please bring £s for lunch and extras. Open to ages 13-18. Sign up by August 15.

## CDC EAST

226-3285 • Bldg 659

## CDC WEST

226-5812 • Bldg 439

## EVENTS

### Parent's Night Out - CDC East

Friday, August 8 • 6:30-10:30pm

For \$20, parents can have a great

night out while their children

are entertained at the CDC!

Must provide proof of current

vaccinations. Please sign up by August 6. Open to ages 6 weeks-5 years.



# YOUTH SPORTS SUMMER CAMPS

## **FLAG FOOTBALL & INDOOR SOCCER REGISTRATION**

Now – August 22  
Register for flag football and/or indoor soccer at the Youth Center. You must bring a copy of a current sports physical in order to register your child for either sport. No registration will be accepted without a physical. Both seasons run September 6 – November 15.

## **GYMNASTICS CAMP**

August 4-8 & 11-15

9-10am:

Ages 4-8 (Beg.)

Members \$40; Non-members \$45

10-11am:

Ages 8-10 (Inter./at least 1 yr exp)

Members \$40; Non-members \$45

11am-1pm:

Ages 9-18 (Adv./at least 2 yrs exp)

Members \$80; Non-members \$85

Get a little spring in your step with our gymnastics camp! Don't miss out! Sign up by July 28.

## **BOWLING CAMP**

August 4-8 • 10am-Noon

Members \$150;

Non-members \$160

Learn the fundamentals, etiquette and the behind the scenes of bowling! Includes shoe rental, 2 games per day, instruction, lunch and your very own bowling ball at the end of the week! Open to ages 9-18. Sign up by July 21.

## **WALL CLIMBING CAMP**

August 11-14 • 9-11am

Members \$30; Non-members \$35

Learn how to wall climb from a certified instructor! Open to ages 7-18. Sign up by August 4.

## **FLAG FOOTBALL & INDOOR SOCCER COACHES NEEDED!**

Make a difference in the life of a child and volunteer to be a coach! Background checks and coaches training are required. The National Alliance for Youth Sports (NAYS) Coach's certification will be held at the Youth Center on August 26, FREE! Both seasons run September 6 – November 15. Please contact the Youth Sports Director at 226-3180 for more information.



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# LIFE & LEISURE



## ELECTRIC AVENUE

226-2067 • Bldg 670

### MUSIC SHOP

We've moved! The Music Shop is now located at Electric Avenue. We offer a large selection of musical instruments and accessories to suit all your needs ranging from beginner level to professional quality. Come check out our new location today!



### SERVICES

#### Sales & Rentals

Rent or purchase your favorite movies, tv series or video games! We also have a wide selection of t-shirts, bags, candy, popcorn, and other goodies available for purchase. We even have a variety of mobile phones!

#### Passport & Visa Photos

We can provide your passport and visa photos for only \$8 each! Available 11am-8pm.

#### Disc Cleaning

Is your favorite movie, game or CD scratched and skipping? Bring it in and we'll clean it up for you for only \$2!

#### Special Orders

Can't find what you're looking for? We'll happily order it for you at no extra charge!

#### Video Drop Box

A video drop box is available in the parking lot during closed hours. Remember, dropping your movies off after 10pm may result in late fees.

### DAILY SPECIALS

Don't forget to pick up a punch card to start saving towards your next purchase!

Monday: \$2 Rental  
Tuesday: New Releases  
Wednesday: 3 for \$3  
Thursday: 2-4-1  
Friday & Saturday:  
Three-Night Rental  
Sunday: Dollar Day

### NEW RELEASES

*Divergent*: Aug. 5  
*Muppets Most Wanted*: Aug. 12  
*The Railway Man*: Aug. 12  
*The Amazing Spider-Man 2*: Aug. 19  
*NCIS: Season 11*: Aug. 19  
*Portlandia: Season 4*: Aug. 26

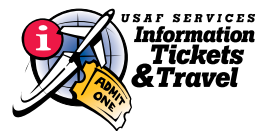
### ONGOING OFFERS

#### Thursday Family Entertainment Feast Just \$35 • 3-8PM

- 2-LG 1-topping pizzas
- Your choice of 1 candy
- 1 box of nachos
- 2 liter bottle of soda
- 1 bucket of popcorn
- 2 movie rentals







## LIBERTY LIBRARY

226-3713 • Bldg 907

### SUMMER READING FINALE FESTIVAL

Tuesday, August 19 • 4-6:30pm

Come out and celebrate a summer full of reading and learn to "Camp Out" with the Scouts of Lakenheath. There will be fun and games, along with prizes and certificates to be awarded. And of course we'll make s'mores!



KEESLER FEDERAL CREDIT UNION



Federal endorsement of sponsors not intended.

### EVENTS

#### Summer Reading Activities

Tuesdays through August 12  
3-4pm • FREE crafts and board games all summer long!

#### Labor Day Craft

Wednesday, August 27 • 4-5pm  
Join us for an afternoon of fun crafts in honor of Labor Day!

#### Through the Keyhole: Writing Workshop

Wednesday, September 10  
5:15-7:15pm • Join us for a fun and creative FREE workshop to hone your writing skills. Exercises include poetry and character writing. Adults only. Sign up to reserve your place.

### ONGOING OFFERS

#### Universal Class

This FREE program offers continuing education courses! See librarian for listings & availability.

#### Role Playing Game Books

Stop by and browse through our assortment of role playing game books like *Dungeons & Dragons*, *Pathfinder*, and *Savage Worlds* available for checkout!

### AIRMAN & FAMILY READINESS CENTER

226-3847 • Bldg 950

### EVENTS

#### Bundles for Babies

Friday, August 8 • 9am-Noon  
Expectant parents can learn about all things baby in this FREE workshop. Receive a bundle of baby items valued at over \$75 at the end of the class! Call A&FRC to reserve your spot today.

# PAGE COMMUNITY ACTIVITIES CENTER

226-1627 • Bldg 900

## ONGOING EVENTS

### Lunch Skate

Monday-Friday • Noon-2pm

Fight that food coma and get your adrenaline pumping out on the rink! \$3/person on skates.

### Parent & Me Skate Date

Wednesdays • 9-11am

\$3/person on skates. Parents with children age 5 and under are welcome. You can even bring your stroller!

### Birthday Skate

Is your birthday in August? Skate for FREE during our open skate sessions! Snacks and beverages are available for purchase.

### Skating Card

Pick up a punch card! Get six punches and your seventh session is FREE!

### Skate Parties!

Saturdays • Noon-3pm or 4-7pm

Choose from two party packages:

*Package A \$175:*

Includes 12 balloons, 12 drinks, pizza, admission and skate rental for 12 people.

*Package B \$225:*

Includes 24 balloons, 24 drinks, pizza, admission and skate rental for 24 people.

\*\$50 deposit required at time of booking.

### Indoor Bouncy Castle Parties!

Saturdays & Sundays • 10am-1pm

Appropriate for ages 7 and under. \$80 fee includes an indoor bouncy castle, private Amazone play area, 12 balloons and 12 drinks.

\$50 deposit required at time of booking.

### OPEN SKATE

\$5 admission

Monday-Friday • 11am-4pm

Fridays • 6-9pm

Saturdays • Noon-7pm

Sundays • Noon-5pm







## EVENTS

### American Family Day

Sunday, August 3 • Noon-3pm

Come and celebrate with us! Skating, music, prizes and more for just \$2! Snack bar will be open with light snacks for purchase.

### Family Summer Bingo

Friday, August 8 • Games start at 5:30pm

Doors open at Eagles Landing at 5pm. Prizes include toys, Cineworld tickets and Chessington World of Adventures tickets. Pre-purchase books now-August 7 at the Page CAC 2 for \$10. Purchase books at the door 2 for \$15.

### Liberty Village In Bloom

Wednesday, August 13

Do you have the best summer garden? Sign up with the Page CAC August 1-10 for your chance to win prizes for the best garden. Open to residents of RAF Lakenheath and RAF Feltwell housing. Judging will take place on Wednesday, August 13.

### Back to School Bash

Thursday, August 21 • 11am-1pm

\$1 Skating and FREE food for students; all other skaters \$3. Meet new friends for the upcoming school year - join us for a BBQ, music, skating, games and prizes! Open to students aged 5-18. Collect your food voucher from the Page CAC August 1-19.

## WARD COMMUNITY ACTIVITIES CENTER

226-7023 • Bldg 94 at RAF Feltwell

## EVENTS

### Ugly Bug Ball

Thursday, August 21 • 1-3pm

Come and have a happy time, one and all, at the Ugly Bug Ball! Dress as your favorite creepy crawlie to watch "A Bug's Life" and for fun and crafts. Each "bug" can have their face painted, and will receive a goody bag and cake. Open to ages 3-8. Parent or guardian must stay with their child. \$10. Please sign up by August 19.

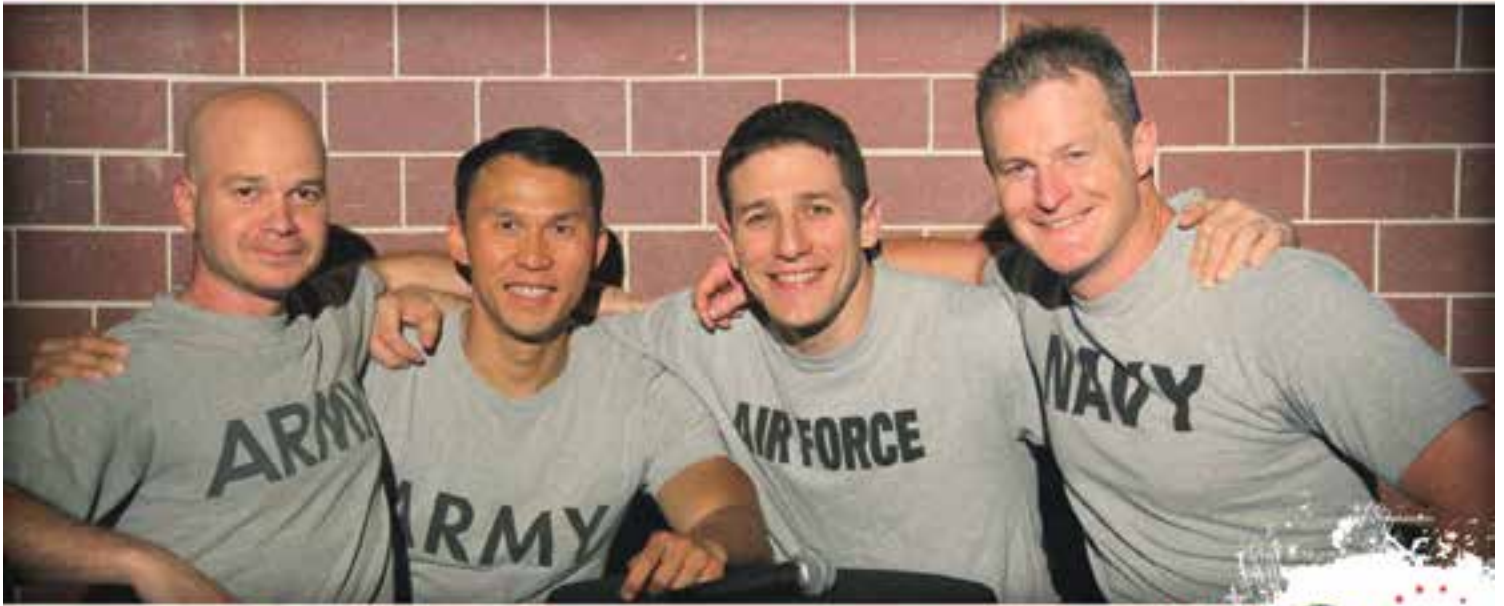
### RUGBY'S TOO CAFÉ & EATERY

See index on pg. 33 for hours of operation. Visit today and enjoy your favorite food and beverages, including perfectly-brewed Starbucks® coffee!



THE DEPARTMENT OF DEFENSE'S ARMED FORCES ENTERTAINMENT PRESENTS

# GLS OF COMEDY



Comedians: Demari Poulton, Thom Tran, Jose Sandoz, and PJ Walsh

**SATURDAY, AUGUST 23 · LIBERTY CLUB**  
**DOORS OPEN 6PM · SHOW STARTS 7PM**

Date, Time and Location subject to change. See ArmedForcesEntertainment.com

ARMEDFORCESENTERTAINMENT.COM



ARMED FORCES ENTERTAINMENT

For more information, contact the Page Community Center at 226-1627 or visit [lakenhealthfss.com](http://lakenhealthfss.com)

## Winterbrooke BOARDING KENNELS

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Situated just 2 miles from RAF Feltwell, 6 miles  
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**3 Dogs 1 kennel £20.00**

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**Collection & Delivery Service**

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**[www.wellbeing-warehouse.com](http://www.wellbeing-warehouse.com)**



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from £10 per person

## Blues Bros Tribute Night

Friday, 29 August 2014  
5 piece band & hot buffet  
£22.50 per head

## Christmas Party Nights

Thursday, 4 December 2014  
Friday, 12 December 2014  
Traditional US Christmas dinner,  
novelty & disco. £29.95 per head

Lynford Hall Hotel, Mundford IP26 5HW

For more details contact our events team...

Call: 01842 678351 E-mail: [rose@lynfordhallhotel.co.uk](mailto:rose@lynfordhallhotel.co.uk)

[www.lynfordhallhotel.co.uk](http://www.lynfordhallhotel.co.uk)

## Family Child Care Start Your Own BUSINESS

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Call 226-2170, email  
[kimberly.fern.2@us.af.mil](mailto:kimberly.fern.2@us.af.mil)  
or stop in Bldg. 957  
1st floor: weekdays,  
7:30am - 4:30pm.



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Tonya Kuranda • Dulce Garcia

Email: [RAFLITWORKS@yahoo.co.uk](mailto:RAFLITWORKS@yahoo.co.uk) or Text: 07547 950078



# BeatriceCarter

## Contact Us

Telephone: 01638 712383

Email Address:  
[beatrice.carter@virgin.net](mailto:beatrice.carter@virgin.net)

Website:  
[www.beatricecarter.co.uk](http://www.beatricecarter.co.uk)

Opening Hours:  
Monday-Friday, 9am-5pm

Physical Address:  
Carter Place Field Road  
Mildenhall High Town  
Suffolk  
IP28 7AL

## Why choose Beatrice Carter?

- We have superior rental properties to suit every need.
- No application fees for military personnel on renewals or checkouts.
- We offer FREE on-base pickups for property viewings.
- We are familiar with the specific requirements of American military families living abroad.
- Most of our properties are located within a 20-minute drive of RAFs Mildenhall, Lakenheath and Feltwell.
- All our homes are pre-screened to meet Base Life Safety Inspection standards.
- Visit [www.beatricecarter.co.uk](http://www.beatricecarter.co.uk) for up to date listings.
- Call us at 01638 712383.

*...moving made easy!*

# AUTO HOBBY COMPLEX | TIRE & LUBE CENTER

226-2454/2383 • Bldg 1108

226-2278/2279 • Bldg 1030

## EVENTS

### Cruze Nites

Friday, August 15 • 5:30-10pm

Tire & Lube Center

Come to this informal gathering for motor sports enthusiasts and enjoy good food, live music, entertainment, cars and bikes!

### All Nighter

Saturday, August 16 • 8am -

Sunday, August 17 • 4pm

32 hours of fix-it fun with FREE pizza at 10pm. Time to get those repairs done with no rush. Parts store open throughout the night. First come, first served.

## SERVICES

Pop in for a complete price menu.

- Oil Changes
- Tire Shop
- Parts Store with Special Ordering
- Automated Car Wash
- Pressure Car Wash
- Towing & Recovery
- POV Sales

## OIL - YOUR CAR'S LIFE JUICE

Has your car been making a racket? Does it sound like it has a sore throat? Don't ignore the signs! You might be due for an oil check. The folks at TLC are here to help, whether you just need the supplies or you need our professionals to do the work for you. Call to make an appointment or stop by!

## NEED YOUR WHEELS ALIGNED?

The Tire & Lube Center has a new state of the art 3D wheel alignment system. Stop by or call today to make an appointment!

## SVA/MOT

Call 01638 534185 to make your next appointment!



## SPECIALS

August 1-15

25% OFF Floor Jacks

Turn 2 rotors or drums for the price of 1





## ARTS & CRAFTS CENTER

226-2194 • Bldg 906



### KIDS' CRAFT DAY

Saturday, August 23  
10-11:30am, Noon-1:30pm or 2-3:30pm  
Sign ups begin August 1. Limited spaces available!  
FREE and open to ages 12 and younger.

### SPECIALS

August 1-31  
Pre-inventory Clearance! See store for details.

### RETAIL

Our "Crafts Galore" shop has everything you need for your crafts! Materials for scrapbooking, model making, knitting, sewing, painting, drawing, cake decorating and children's crafts can all be found in our award-winning shop!

### CUSTOMIZE

Need something embroidered or engraved? We have an array of items to choose from for a unique memento including cricket bats, t-shirts, hats and more! Drop by today!

### NAME TAPES

We make US Air Force name tapes with or without velcro for both Multicam and ABUs. Stop by the lobby counter Monday - Saturday for more details and prices.



## WOOD CRAFTS CENTER

226-3367 • Bldg 1104

### SPECIALS

August 1-31  
10% OFF • In Stock Plywood  
10% OFF • Custom Crating Service  
10% OFF • Shop Use Card\*

\*Unlimited use during regular hours for a month.

### CRATING SERVICE

Only \$25 + Materials!  
We create custom sized crates for your gifts and special items to be ready for mailing to the states.

## OUTDOOR RECREATION

226-2146 • Bldg 1109



### PAINTBALL DAY

Saturday, August 16 • Departs 8am • \$25 AD/Dependent; \$140 All Others  
Includes transportation, equipment, 1200 paintballs and all day play! Adults only.  
Limited spaces available so sign up early.



### WHITewater RAFTING

Sunday, August 17 • Departs 9am • \$25 AD/Dependent; \$140 All Others  
Includes transportation and whitewater rafting session. Adults only. Limited  
spaces available so sign up early ladies!



## COSTUME SALES

Stop by Equipment Rental to see how you can theme your next party! We have a wide variety of adult and child costumes. They go great with bouncy castles for parties of all kinds!



## SPECIALS

### Pedaler Bike Shop

10% OFF all Cycle Boot Racks  
Stop in and check out the 2014 range of bikes!

### Equipment Rental

Carpet Shampooers • \$10/day  
Motorcycle Trailer • \$25/day

## SERVICES

### DVD & VHS Conversions

Convert your DVDs from US to PAL or vice versa. Or convert your VHS tapes to DVD. Now only \$10 for up to 4 hours.

### Equipment Rental

Rent a variety of equipment including tools, vacuums, camping gear, generators, bouncy castles, party games and more!

### Garden Tools & Plots

From lawn mowers to hand tools, we have what you need to turn your yard into a proper English garden. Love to garden but don't have a yard? Rent a garden plot for just \$20 a year!

### Key Cutting

Need spare keys for your house or car? Stop by ODR and get yours today!

### Pedaler Bike Shop

We offer Bikes for all ages from Coyote, Viking, Python & ProBikes as well as a large selection of parts & accessories. Need repairs or help selecting a new bike? Our certified bike technicians are here for you.

### Storage Units

Looking for a place to store your extra stuff? We have 8'x8'x10' secure storage units available for rent!



## INFORMATION, TICKETS & TRAVEL

226-2979 • Bldg 977 Rm G20 & BX

### BUCKINGHAM PALACE WITH AFTERNOON TEA AT RUBEN'S HOUSE

Sundays, August 3  
& September 7  
Departs 8am/5pm  
£60 Inclusive • Adults only



### STONEHENGE INNER CIRCLE & WINDSOR

Saturday, August 2  
Departs 2am/11am

Saturday, September 6  
Departs 2:30am/11:30am

Sunday, August 17  
Departs 2:30am/11:30am

Last chance to visit the inner  
circle this year! £48

Includes a whistle stop en route to the royal town of Windsor.



### BRUGGE EXTENDED DAY TOUR

Saturdays, August 9 &  
September 6 • £79  
Includes transportation,  
Channel crossing and an  
experienced tour leader.



### BUCKINGHAM PALACE

Saturdays, August 9 & 23  
Departs 8am/7pm  
Adults £40; Children £30  
Inclusive

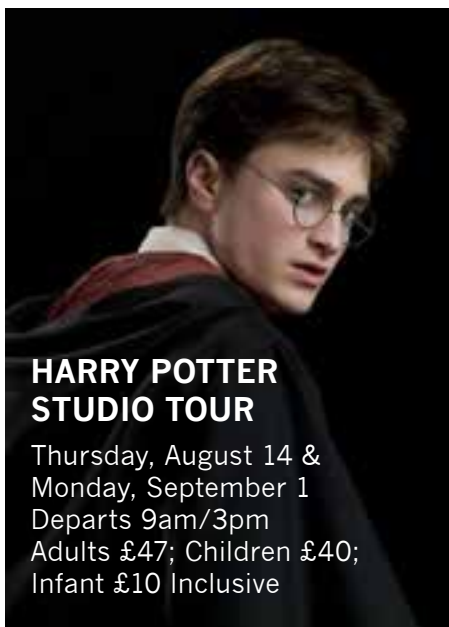
Sundays, August 17 & 31  
Departs 8am/5pm  
Adults £38; Children £28  
Inclusive

\*Not recommended for  
children under 5



### HARRY POTTER STUDIO TOUR

Thursday, August 14 &  
Monday, September 1  
Departs 9am/3pm  
Adults £47; Children £40;  
Infant £10 Inclusive



### ALTON TOWERS

Saturday, August 16  
Departs 7am/7pm  
Adults £49; Children £42;  
Infant £10 Inclusive



### BOULOGNE-SUR-MER EXTENDED DAY TOUR

Saturday, August 23  
£79 • Includes  
SunFun luxury coach,  
Channel crossing, and  
an experienced  
tour leader.







## THEATER TRIPS & TICKETS

Save time & money by booking you theater trips and tickets through ITT!

### WEDNESDAY, AUGUST 27



#### Lion King

Departs 9am/After Show  
£60 Inclusive

#### Matilda

Departs 9am/After Show  
£75 Inclusive



### MONDAY, SEPTEMBER 1 (LABOR DAY)

#### Miss Saigon

Departs 3pm/After Show  
£60 Inclusive

#### Les Miserables

Departs 3pm/After Show  
£65 Inclusive



#### Wicked

Departs 3pm/After Show  
£50 Inclusive



Stop into one of our two locations, give us a call or visit [ittlakenheath.com](http://ittlakenheath.com) to book your trip today! Email inquires to [ittlakenheath@yahoo.com](mailto:ittlakenheath@yahoo.com)

## THANKSGIVING MEDITERRANEAN CRUISES

### 11 days: November 22 - December 3

Departs from Civitavecchia, Italy  
Prices starting from \$890/person

Travel to: Livorno, Italy • Monte Carlo, Monaco  
Toulon, France • Barcelona, Spain • Valencia, Spain  
Cagliari, Italy • Carthage, Tunisia • Palermo, Italy  
Naples, Italy • Civitavecchia, Italy

### 8 days: November 26 - December 4

Departs from Barcelona, Spain  
Prices starting from \$640/person

Travel to: Barcelona, Spain • Casablanca, Morocco  
Funchal, Madeira • Santa Cruz (Tenerife), Spain  
Arrecife (Lanzarote), Spain • Malaga (Granada), Spain



\*Prices based on two adults sharing an inside cabin room. Discounted upgraded rooms available. Includes taxes and fees. Excludes airfare and airport transfers. Payment plans available.



## OKTOBERFEST IN MUNICH, GERMANY

September 26-29 • £369;  
based on double occupancy.  
Enjoy 4 days in Munich,  
Germany! Includes SunFun  
luxury coach, channel crossing,  
2 nights bed & breakfast  
accommodations, 2 full days  
at the infamous Oktoberfest  
and an experienced  
tour leader.



## WICKED & DINNER AT RUBEN'S HOTEL

Monday, October 13 (Columbus Day)  
Departs 2pm/After Show • £62  
Includes a traditional carvery in the Old Master's  
Restaurant at the 4-star Ruben's Hotel.





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For all of your **rental needs** providing a **friendly service with a personal touch.**

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Call us at 01638 551551 or email [enquiries@lodge-lettings.co.uk](mailto:enquiries@lodge-lettings.co.uk)

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& American Service Members

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  - Event Tickets
  - Certificates
- And much more!

For a price list, please visit  
[www.lakenheathfss.com](http://www.lakenheathfss.com).

All artwork must be complete and ready to print.  
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[hardcopiesprintshop@gmail.com](mailto:hardcopiesprintshop@gmail.com) with your  
completed artwork attached as a .jpg or .pdf  
and a brief description of the order.

RAF Lakenheath 48FSS/FSK Marketing & Publicity  
Bldg 949, 2nd Floor • 226-1709 or 01638 521709





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- **Set Lunch** from £6.60/person
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Serving Chinese, Japanese, Thai  
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Join us at the Wok n Rock Restaurant & Bar  
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Visit [WoknRock.co.uk](http://WoknRock.co.uk) • Call 01842 860 088

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• RESTAURANT & BAR •



Your NEW Exchange Mobile Center opened Friday 18<sup>th</sup> July offering Mobile, Tablets, TV and Installation Services.



A range of great value Sky TV and Broadband offers

**FREE** Sky+ HD Box or 2TB Sky+ HD Box for just £149\* with selected Sky TV packages  
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**FREE** Unlimited Sky Broadband with Sky Sports\*

**£10** Sky Fibre unlimited with or without Sky Sports\*

**£10** Sky Connect Broadband with Sky Sports\*

\*Contract and packages vary. Ask in-store for details. Terms and conditions apply.



Your new Exchange Mobile Center can supply and install your new AFN dish giving you access to US Shows and Live Sports, not available on other TV services.

We can install at your place of residence, either on or off-base ensuring you have the correct size dish and settings. For any questions regarding the service please speak to one of our advisors.

**AFN or Freesat on-base installation just £140!**

Off base install charge will include VAT – total £168. Price includes dish, standard mount, up to 20 meters of cable, connection and setup. If the satellite dish needs to be ground mounted, there is an additional charge of £50 (£60).



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Visit us in-store or call Mildenhall on 01638 515727 or Lakenheath on 01638 533730

Lakenheath – Building 998, Lakenheath, IP27 9PN. Mildenhall – Building 163, Mildenhall, IP28 8NF.

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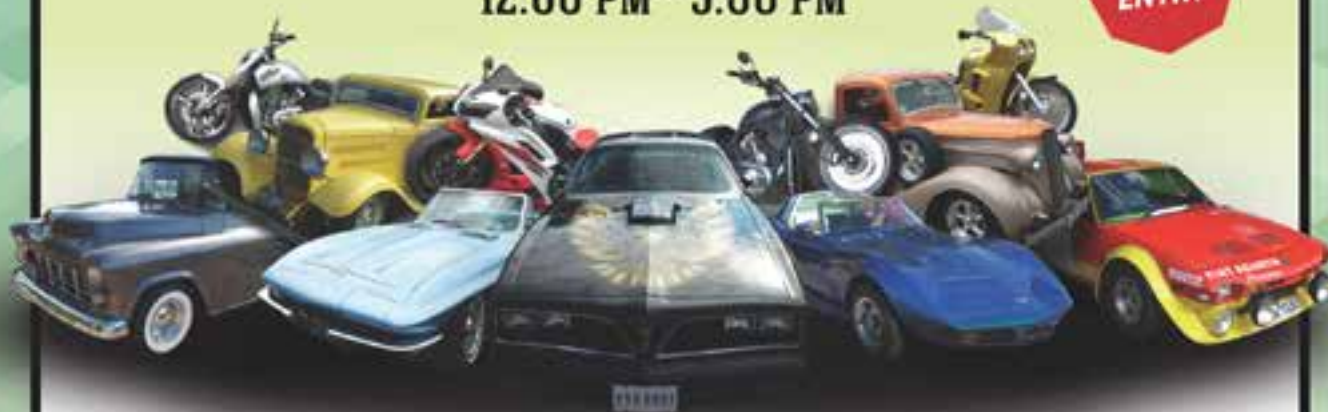
# RAF MILDENHALL EVENTS

## RAF MILDENHALL CAR & BIKE SHOW 2014

SATURDAY, 16 AUGUST

12:00 PM - 5:00 PM

FREE  
ENTRY



### Bob Hope Community Center Parking Lot

- Best vintage costume competition • Prizes
- Bouncy Castles • Games • Activities
- Food Vendors • Trophies for Winners



12:00 pm - 5:00 pm

\$10 per car. Set-up from 11:00 am  
Sign up deadline Friday, 15 August  
Phone 238 - 2152 to book your car

For more Car Show information call: 238 - 2480



Find us on Facebook for updates, special offers, contests and tune-up tips. <http://www.facebook.com/RafMildenhallAutoHobbyComplex>



# Summer Bowling

Fill your 9 game bowling card for a chance to win big prizes!

**August:** Win 2 tickets to Thorpe Park


★★★ **GRAND PRIZE** ★★★

Win \$1,000 towards a trip of your choice with Mildenhall Information Tickets & Travel.

Drawn on 31 August

Punches filled for normal bowling paid games only.


Customers will need to be present to win the grand prize which will take place on Sunday, 31 August at 8:00 pm.




**BRITISH MOTO  
GRAND PRIX  
SILVERSTONE**  
20 14

**Sunday, 31 August**

Pick up from BHCC at 7:15 am. Departs Silverstone at 5:00 pm  
Adult: £95, 10 years & older: £65. £50 deposit secures your place.



Call RAF Mildenhall Information, Tickets & Travel: 238 - 2630



## RAF Mildenhall, 100th Force Support Squadron Directory



Find us on facebook... <http://www.facebook.com/100fss>

### Arts & Crafts Complex

☎ 404 ☎ 238 2644

### Auto Hobby Complex

☎ 240 ☎ 238 2480

### Bob Hope Community Center

☎ 404 ☎ 238 2579

### The Daily Grind Coffee Shop

located inside the BHCC

☎ 404 ☎ 238 7178

### Bowling Center

☎ 160 ☎ 238 2348

### Child Development Center

☎ 288 ☎ 238 2042

### Civilian Personnel Customer Service

☎ 435 ☎ 238 2111

### Education Center

☎ 440 ☎ 238 2350

### Hardstand Fitness Center

☎ 849 ☎ 238 3735

### North Side Fitness Center

☎ 463 ☎ 238 2349

### Human Resources Office

☎ 448 ☎ 238 2111

### Information, Tickets & Travel

located inside the BHCC

☎ 404 ☎ 238 2630/1004

### Library

☎ 425 ☎ 238 2352

### Lodging (Gateway Inn)

☎ 459

☎ Reception: 238 6001

☎ Reservations: 238 3093/2965

### Outdoor Recreation & Supply

☎ 162 ☎ 238 4283/7151

### Youth Center (School Age Program)

☎ 293 ☎ 238 5437 (KIDS)

## THE GALAXY CLUB

### American Roadhouse

☎ 437 ☎ 2680

### New York Pizza & Deli

☎ 437 ☎ 2795

### Cashier Cage

☎ 437 ☎ 2683

When calling from a civilian line: 01638-54-XXXX. When calling from DSN: 238-XXXX

For more events at RAF Mildenhall please visit... [www.100fss.com](http://www.100fss.com)



# CLASSES & DIRECTORY

## ARTS & CRAFTS

### Basic Camera Course

Wednesday, August 6 • 5-6:30pm  
3 week course • \$27.50 • Bring your own camera

### Wheel Thrown Pottery (Beginner)

Monday, August 4 • 1-3pm  
4 week class • \$75 Inclusive

### Mold Pouring

Tuesday, August 5  
10am-Noon • \$20 Inclusive

### Wheel Thrown Pottery (Beginner)

Tuesday, August 5 • 6:30-8:30pm  
4 week class • \$75 Inclusive

### Mold Pouring

Wednesday, August 6  
10am-Noon • \$20 Inclusive

### Wheel Thrown Pottery (Beginner)

Thursday, August 7 • 6:30-8:30pm  
4 week class • \$75 Inclusive

### Wheel Thrown Pottery (Beginner)

Friday, August 8 • 9:30-11:30am  
4 week class • \$75 Inclusive

### Wheel Thrown Pottery

(Intermediate) • Friday, August 8  
12:30-2:30pm • 4 week class  
\$75 Inclusive

### Mold Pouring

Tuesday, August 19  
10am-Noon • \$20 Inclusive

### Mold Pouring

Wednesday, August 20  
10am-Noon • \$20 Inclusive

## LIBRARY

### Mango Languages

Online program to learn languages. Visit [www.usafelibraries.org](http://www.usafelibraries.org), click on the information databases tab, click on access via USAFE library card, enter your library card number and then click on Mango Languages.

### Transparent Language Online

Online program for learning languages. Visit the base library to register.

### Universal Class

Online continuing education service. Sign up at the Library.

## FITNESS & SPORTS CENTER

Classes are free of charge unless otherwise noted. All classes are suitable for all fitness levels.

### 48 FX Functional Fitness • 16+

Tues & Thurs • 11am-Noon  
Wed • 5:30-6:30pm  
\$7.50/class

Contact front desk for pre-req information

### Brazilian Jiu Jitsu • 16+

Tues & Thurs • 8-9:30pm  
Thurs • 6:30-7:45pm (beginners)  
First class FREE • \$12.50/class or monthly pass - see staff for details

### Fitness Kickboxing

Tues • 5-6pm

### Group Indoor Cycle

Mon & Wed • 11-11:45am  
Mon, Wed, Fri • 5-5:45am  
Mon-Thurs • 5-5:45pm

### Latin/Urban Aerobics

Mon & Wed • 7:15-8:15pm  
Thurs • 5-6pm

### Martial Arts • 16+

Tues • 6:30-7:45pm (beginners)  
Sun • 5-7pm  
First class FREE • \$12.50/class or monthly pass - see staff for details

### Martial Arts Kickboxing • 18+

Fri • 7-8:15pm

### Total Body Conditioning

Mon & Wed • 5-6pm

### Yoga/Pilates

Mon & Wed • 6-7pm

## PAGE CAC

### Guitar Classes

Wed, Thurs & Sat • 3:15-6:15pm  
\$70/month • 30min/week

### Jiu Jitsu

Thurs • \$35/month  
3:30-4:15pm & 4:15-5pm  
Ages 4-8 & 9-14

## WARD CAC (RAF FELTWELL)

### Ballet

Classical Beginners  
Tues • 4:45-5:30pm  
Ages 5+ • \$9/class

### Guitar Lessons

Mon & Tues • 3:15-6pm  
\$70/month/student  
One-on-one lesson, 30min/week

### Jiu Jitsu

Mon • \$35/month  
Ages 4-8 • 3:30-4:15pm  
Ages 9-14 • 4:15-5pm

### Piano Lessons

Wed • 3:15-6pm  
Thurs • 3-5:30pm  
\$70/month/student  
One-on-one lesson, 30min/week  
Ages 7+

### Pre-School Ballet

Tues • 4-4:45pm  
Ages 3-5 • \$8.40/class

## YOUTH CENTER

### Ballet & Tap

Mon • Times vary • Ages 3+  
Starts at \$25/month

### Gymnastics

Days & times vary  
Age 2+ • Starts at \$40/month

### Karate

Thurs • 4:45-6:15pm & 6:15-7:45  
Fri • 4:45-6:15pm  
Ages 6+ • \$45/month

### Open Wall Climb

Wed • 6-7:30pm  
Ages 7-17 • \$5/session  
Wed • 7:30-9pm  
Ages 18+ • \$7/session

### Piano Lessons

Mon-Fri • Times vary  
Ages 8+ • 30mins/week  
\$70/month

### Tae Kwon Do

Tues • 6-7pm  
Ages 8+ • \$35/month

### Wall Climbing Class

Thurs • 6-7pm & 7-8pm  
Ages 7+ • \$20/month (4 classes)



**AIRMAN & FAMILY  
READINESS CENTER** 

Bldg 950 • x3847  
Mon-Wed: 7:30am-4:30pm  
Thurs: 7:30am-2:30pm  
Fri: 7:30am-4:30pm

**ARTS & CRAFTS** 

Bldg 906 • x2194  
Mon-Fri: 9am-5:30pm  
Sat-Sun: 10am-4pm  
Classes: Mon-Thu: 6-9pm

**AUTO HOBBY COMPLEX**

Bldg 1108 • x2454  
**MOT/SVA: 01638 534185**  
Mon-Fri: 8am-8pm  
Sat: 8am-6pm  
Sun: 10am-4pm  
Last DIY sign-in is 30 min  
before closing.

**Auto Parts Store**

Bldg 1102 • x5918  
Sun: 10am-4pm  
Mon-Fri: 9am-7pm  
Sat: 9am-5pm

**Auto Tire & Lube Center**

Bldg 1030 • x2279/2278  
Mon-Fri: 7:30am-5:30pm

**BRECKLAND PINES** 

**GOLF COURSE**  
Bldg 1320 • x2223  
**Golf Shop**  
Open Daily: 7am-8pm

**The Grill at Breckland Pines**

Bldg 1320 • x3551  
Open Daily: 7am-1:30pm

**CHILD DEVELOPMENT  
CENTERS (CDC)**

**CDC East**  
Bldg 659 • x3285  
Mon-Fri: 6:30am-6pm

**CDC West**

Bldg 439 • x5812  
Mon-Fri: 6:30am-6pm

**CIVILIAN PERSONNEL  
CUSTOMER SERVICE**

(RAF Mildenhall)  
Bldg 435 • 238-2111  
Mon-Fri: 8am-5pm

**EAGLES' LANDING** 

Bldg 958 • x2535/x2489  
**Catering**  
Mon-Fri: 9am-4pm

**Pub x2326**

Fri: 5-10pm

**COMMUNITY ACTIVITIES  
CENTERS (CAC)** 

**Page CAC**  
Bldg 900 • x1627  
Mon-Thurs: 8:30am-7pm  
Fri: 8:30am-9pm  
Sat: Noon-9pm  
Sun: Noon-6pm

**Skating Rink**  
Mon-Fri: 11am-4pm  
Fri: 6-9pm  
Sat: Noon-7pm  
Sun: Noon-5pm

**Ward CAC (RAF Feltwell)**

Bldg 94 • x7023  
Mon-Fri: 11am-7pm

**EDUCATION SERVICES** 

Bldg 948 • x3851  
Mon-Wed: 8:30am-4pm  
Thurs: 9am-4pm  
Fri: 8am-3:30pm

**ELECTRIC AVENUE** 

Bldg 670 • x2067  
Mon-Sat: 10am-10pm  
Sun: Noon-6pm

**FAMILY CHILD CARE**

Bldg 957 • x2170  
Mon-Fri: 7:30am-4:30pm

**FITNESS & SPORTS CENTER** 

Bldg 904 • x3607  
Mon-Thurs: 4:30am-11:30pm  
Fri: 4:30am-9pm  
Sat: 8am-8pm  
Sun: Noon-8pm

**Afterburn Juice Bar**

07706 645825  
Mon-Fri: 6:30am-7pm  
Sat: 10am-3pm

**GREAT LITTLE PIZZA PLACE** 

Bldg 670 • x2181 or x2497  
Mon-Thurs: 11am-9pm  
Fri-Sat: 11am-11pm  
Sun: Noon-9pm  
**Delivery**  
Mon-Thurs: 4-8pm  
Fri-Sat: 4-9:30pm  
Sun: 4-8pm

**HARD COPIES PRINT SHOP  
(MARKETING)**

Bldg 949 Rm 211 • x1709

**INFORMATION, TICKETS  
& TRAVEL (ITT)**

Bldg 977 Rm G20 • x2979  
Mon-Fri: 11am-4pm  
BX Main Store Mall  
Mon-Fri: 10am-6pm  
Sat: 10am-2pm

**KNIGHT'S TABLE  
MILITARY DINING FACILITY**

Bldg 934 • x3214  
**Mon-Fri**  
Breakfast: 6-8am  
Lunch: 11am-1pm  
Dinner: 4-6:30pm  
**Sat-Sun**  
Brunch: 7am-12:30pm  
Dinner: 3:30-5:30pm

**LIBERTY CLUB** 

Bldg 648 • x1611  
**Cashier's Window**  
Mon-Sat: 10:30am-5pm  
Sun: Closed

**Casino Lounge**

Sun-Wed: 4-11pm  
Thurs: 4pm-1am  
Fri-Sat: 4pm-2am

**Pinkerton's**

Bldg 648 • x1611  
*Lunch*  
Mon-Fri: 11am-1:30pm  
*Dinner*  
Tues-Thurs: 5-8pm  
Fri-Sat: 5-9pm

**Rugbie's: A Modern Bistro**

Bldg 648 • x1603  
*Monday - Friday*  
Breakfast: 6:30-10:30am  
Lunch/Dinner: 11am-9pm  
*Saturday*  
Breakfast: 8-10:30am  
Lunch/Dinner: 11am-9pm  
*Sunday*  
Lunch/Dinner: Noon-9pm

**Rugby's Too (RAF Feltwell)**

Bldg 94  
Mon-Fri: 7am-1pm

**LIBERTY LANES**   
**BOWLING CENTER**

Bldg 657 • x2108  
Mon: 11am-8pm  
Tues: 11am-10pm  
Wed: 11am-10pm  
Thurs: 11am-11pm  
Fri: 8am-Midnight  
Sat: 11am-Midnight  
Sun: 11am-8pm

**Grill 48**

Mon: 7:30am-7:30pm  
Tues-Wed: 7:30am-9:30pm  
Thurs: 7:30am-10:30pm  
Fri-Sat: 7:30am-11:30pm  
Sun: 11am-7:30pm

**Pro Shop**

By Appointment Only

**LIBERTY LODGE** 

Bldg 984 • x6700  
Front Desk 24 Hours a Day  
Check-In: 2pm / Check Out: 11am

**LIBERTY LIBRARY** 

Bldg 907 • x3713  
Mon, Fri, Sat: 10am-6pm  
Tues, Wed, Thurs: 10am-7pm  
Fax & Copy Service  
Mon-Sat: 10am-5pm

**MANPOWER SECTION**

Bldg 977 • x1174  
Mon-Wed: 7:30am-4:30pm  
Thurs: 9:30am-4:30pm  
Fri: 7:30am-4:30pm

**MILITARY PERSONNEL SECTION**

Bldg 977 • x5131  
Career Development: x3939  
Force Management: x5138

**Walk-In**

Mon-Wed: 7:30am-1:30pm  
Thurs: 9:30am-1:30pm  
Fri: 7:30am-1:30pm  
**Appointments Only**  
Mon: 1:30-4:30pm  
Tues: 6:30-7:30am  
Wed-Fri: 1:30-4:30pm

**NAF HUMAN**

**RESOURCES OFFICE**  
Bldg 977 Rm G45 • x4417  
Mon-Wed: 7:30am-4:30pm  
Thurs: 9:30am-4:30pm  
Fri: 7:30am-4:30pm

**OUTDOOR RECREATION** 

Bldg 1109 • x2146  
Mon-Fri: 10am-5:30pm  
Sat: 10am-2pm

**VAT RELIEF PROGRAM OFFICE**

Bldg 957, Rm 201 • x3166  
Mon-Fri: 9am-4pm

**WOOD CRAFT CENTER** 

Bldg 1104 • x3367  
Wed: 11am-5pm  
Thurs: 11-8pm\*  
Fri-Sun: 11am-5pm  
\*Trial hours

**YOUTH CENTER** 

Bldg 250 • x3180  
Mon-Fri: 7:30am-5:30pm  
Open Recreation  
Mon-Fri: 3-7pm

**School Age Program (SAP)**

Mon-Fri: 6:30am-6pm

**Teen Programs**

Bldg 250 • x5452  
Mon-Thurs: 3-8pm  
Fri: 3-9pm



# THE 2014 BRECKLAND PINES



**SATURDAY & SUNDAY • AUG 16-17**

**SIGN UP EARLY & DON'T MISS OUT!**

**\$75 AFG • \$95 NON-AFG**

**8AM TEE TIME**

SPONSORED BY:



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CONTACT BRECKLAND PINES GOLF COURSE FOR MORE INFORMATION • 226-2223